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# **Overworked & Underpaid**

64 count, 1 wall, beginner/intermediate level Choreographer: Nigel Payne (UK) June 2006 Choreographed to: Overworked & Underpaid by Dave Sheriff, Album: Overworked & Underpaid (120 bpm)

#### 32 Count Intro Start On The Word Underpaid

# LEFT SAILOR STEP. RIGHT SAILOR STEP. LEFT SHUFFLE. RIGHT SHUFFLE.

- 1&2 Step left behind right. Step right to right side. Step left beside right.
- 3&4 Step right behind left. Step left to left side. Step right beside left.
- 5&6 Step forward on left. Step right beside left. Step forward on left.
- 7&8 Step forward on right. Step left beside right. Step forward on right.

### **ROCK-RECOVER. TURNING SHUFFLES X 3**

- 9-10 Rock forward on left. Recover back on right.
- 11&12 Shuffle 1/2 turn left stepping left, right, left.
- 13&14 Shuffle 1/2 turn left stepping right, left, right.
- 15&16 Shuffle 1/2 turn left stepping left, right, left. (Now facing 6 o clock)

#### ROCK-RECOVER. COASTER STEP. STEP. PIVOT 1/2 TURN. SHUFFLE.

- 17-18 Rock forward on right. Recover back on left.
- 19&20 Step back on right. Step left beside right. Step forward on right.
- 21-22 Step forward on left. Pivot 1/2 turn right . (Now facing 12 o clock)
- 23&24 Step forward on left. Step right beside left. Step forward on left.

#### FULL TURN. SHUFFLE. JAZZ BOX 1/2 TURN. POINT

- 25-26 Make full turn left travelling forward stepping right, left.
- 27&28 Step forward on right. Step left beside right. Step forward on right.
- 29-32 Cross left over right. Step back on right. Step left 1/2 turn left. Point right to right side. (Now facing 6 o clock)

### RIGHT SAILOR STEP. LEFT SAILOR STEP. RIGHT SHUFFLE. LEFT SHUFFLE.

- 33&34 Step right behind left. Step left to left side. Step right beside left.
- 35&36 Step left behind right. Step right to right side. Step left beside right.
- 37&38 Step forward on right. Step left beside right. Step forward on right.
- 39&40 Step forward on left. Step right beside left. Step forward on left.

# **ROCK-RECOVER. TURNING SHUFFLES X 3**

- 41-42 Rock forward on right. Recover back on left
- 43&44 Shuffle 1/2 turn right stepping right, left, right
- 45&46 Shuffle 1/2 turn right stepping left, right, left
- 47&48 Shuffle 1/2 turn right stepping right, left, right (Now facing 12 o clock)

### ROCK-RECOVER. COASTER STEP. STEP. PIVOT 1/2 TURN. SHUFFLE.

- 49-50 Rock forward on left. Recover back on right.
- 51&52 Step back on left. Step right beside left. Step forward on left.
- 53-54 Step forward on right. Pivot 1/2 turn left . (Now facing 6 o clock)
- 55&56 Step forward on right. Step left beside right. Step forward on right

### FULL TURN. SHUFFLE. JAZZ BOX 1/2 TURN. POINT.

- 57-58 Make full turn right travelling forward stepping left, right
- 59&60 Step forward on left. Step right beside left. Step forward on left.
- 61-64 Cross right over left. Step back on left foot. Step right 1/2 turn right. Point left to left side. (Now facing 12 o clock)

Counts 33-64 are a repeat of counts 1-32, Starting with right foot facing back wall.