

Overwhelmed

32 Count, 4 Wall, Improver

Choreographer: Lisa M. Johns-Grose (USA) April 2012

Choreographed to: What Makes You Beautiful
by One Direction

R FRONT - L SIDE – R SAILOR – L FRONT – R SIDE – L SAILOR ¼ L

- 1-2 Right across left, left to left
- 3&4 Right behind left, left to left, right to right
- 5-6 Left across right, right to right
- 7&8 Left behind right making ¼ turn left, right to right, left to left

R ROCK FWD – L ROCK BACK – R COASTER – L ROCK FWD –R ROCK BACK –L SHUFFLE ¼ L

- 1-2 Rock right forward, recover back left
- 3&4 Step right back, left next to right, right forward
- 5-6 Rock left forward, recover back right
- 7&8 Shuffle left, right, left to left side, making ¼ turn left

CROSS ROCK R – REC L – SHUFFLE R SIDE- L FRONT – R SIDE- L BEHIND, R SIDE, L ACROSS

- 1-2 Cross rock right over left, recover back left
- 3&4 Shuffle right, left, right to right side
- 5-6 Left across right, right to right
- 7&8 Left behind right, right to right, left across right

R SIDE - HOLD – & L TOG – R SIDE – TOUCH L – L TURN ¼ - R TURN ½ - ½ SHUFFLE L, R, L

- 1-2 & Step right to right, hold, left together
- 3-4 Right to right, touch left next to right
- 5-6 Step left ¼ left, step right ½ left
- 7&8 Shuffle left, right, left making ½ turn left.