

## Over My Shoulder

32 count, 2 wall, beginner/intermediate level  
Choreographer: Geri Morrison (UK) March 2004  
Choreographed to: Over My Shoulder by Mike & The  
Mechanics CD Hits (94 bpm)

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16 Count Intro, when the main beat kicks in

### Rock Back, Recover, 1/2 left Turn Shuffle Back, Rock Back, Recover, 1/2 Turn Right, Shuffle Back

- 1-2 Rock Back On Right (look back over right shoulder at same time) Recover Weight On Left,  
3&4 Turning 1/2 Left, Shuffle Back ( Right, Left, Right)  
5-6 Rock Back On Left (look back over left shoulder at same time) Recover Weight on Right,  
7&8 Turning 1/2 Right, Shuffle Back (Left, Right, Left)

### 1/2 Turn Shuffle, Cross Back, & Cross Point, Cross Shuffle

- 1&2 Turning 1/2 Right, Shuffle Forward (Right Left Right)  
3-4 Cross Left Over Right, Step Back on Right,  
&5 Step Left Next To Right, Cross Right over Left,  
6 Point Left To Left Side,  
7&8 Cross Shuffle (left, right, left,) facing 6 o'clock,

### Hip Bumps 1/4 Turn Sailor, Skate Right Left, Rock Recover 1/2 Turn Step

- 1&2 Step Right To Right Side (Bumping Hips Right, Left, Right)  
3&4 Left Sailor, Turning 1/4 Left,  
5-6 Skate Forward Right, Left,  
7&8 Rock Forward on Right, Recover Weight on Left, Turn 1/2 Turn Right Stepping Forward on Right

### Rock Recover 1/4 Turn Left, Right Sailor, Touch Kick, Shuffle Back

- 1&2 Rock Forward on Left, Recover Weight on Right, Turn 1/4 Left Stepping to Left Side,  
3&4 (Right Sailor) Step Right Behind Left, Step Side Left, Step Side Right,  
5-6 Touch Left Beside Right, Kick Left Forward,  
7&8 Shuffle Back, Left, Right, Left, (facing 6 o'clock)

### Choreographers Note: TAGS

There Are 3 Very Very Easy Tags and the Music tells you where they fit  
There is a 4 Count Tag end of the 3rd and 5th Wall  
And a 8 Count Tag at the end of the 7th wall,  
All Tags Face the 6 o'clock Wall

The 4 Count Tags = at the end of 3rd Wall and 5th Wall

#### Mambo Back Mambo Forward

- 1&2 Rock Back on Right, Recover Weight on Left, Step Right beside Left,  
3&4 Rock Forward on Left, Recover Weight on Right, Step Left Next to Right,

8 Count Tag (At End of 7th Wall)

- 1-4 Repeat above Mambo counts,  
5-6 Rock Back on Right, Recover Weight on Left,  
7-8 Rock Forward on Right, Recover Weight on Left,