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## Outta Your Head

4 Wall Line Dance. 32 Counts. Beginner/Intermediate Level.  
 Choreographed by: Liz Clarke (UK) Oct 2000  
 Choreographed to: 'Outta My Head' by Sharon B  
 (134 bpm) from Footsteps album.

Steps	Actual Footwork	Calling Suggestion	Direction
<b>Section 1</b>	<b>Left Shuffle, 1/2 Shuffle Turn Right, Back Rock, Left Kick Ball Change.</b>		
1 & 2	Step forward left. Close right beside left. Step forward left.	Left Shuffle	Forward
3 & 4	Shuffle step 1/2 turn left, stepping – Right, Left, Right.	Shuffle Turn	Turning left
5 – 6	Rock back on left. Rock forward onto right.	Back Rock	On the spot
7 & 8	Kick left forward. Step left beside right. Step onto right in place.	Kick Ball Change	
<b>Section 2</b>	<b>Stomps &amp; Claps, Left Kick Ball Change, Stomp &amp; Claps.</b>		
9 & 10	Stomp forward left. Clap hands twice.	Stomp Clap Clap	Forward
11 & 12	Stomp forward right. Clap hands twice.	Stomp Clap Clap	
13 & 14	Kick left forward. Step left beside right. Step onto right in place.	Kick Ball Change	On the spot
15 – 16	Stomp forward left. Clap hands twice.	Stomp Clap Clap	Forward
<b>Section 3</b>	<b>Grapevine with 1/2 Turn Right, Scuff, Chasse Left, Back Rock.</b>		
17 – 18	Step right to right side. Cross left behind right.	Step. Behind.	Right
19 – 20	Step right to right side making 1/2 turn right. Scuff left forward.	Turn. Scuff.	Turning right
21 &	Step left to left side. Close right beside left.	Side. Close.	Left
22	Step left to left side, making 1/4 turn right.	Turn	Turning right
23 – 24	Rock back on right. Rock forward onto left.	Back. Rock.	On the spot
<b>Section 4</b>	<b>Heel Switches, Step Forward, Together, x 2.</b>		
25 & 26	Touch right heel forward. Step right beside left. Touch left heel forward.	Heel & Heel	On the spot
& 27	Step left beside right. Step right long step forward.	& Step	Forward
28	Slide left to step beside right.	Together	On the spot
29 & 30	Touch right heel forward. Step right beside left. Touch left heel forward.	Heel & Heel	On the spot
& 31	Step left beside right. Step right long step forward.	& Step	Forward
32	Slide left to touch beside right.	Touch	On the spot