

## Outta My Life

32 count, 4 wall, intermediate level  
Choreographer: Kathy Brown (USA) Apr 2005  
Choreographed to: Lonely by Akon  
from Trouble Album

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Intro: 32 ct starting with bass beat - main vocals

### **BALL STEP, STEP, STUTTER STEP, 1/4 RIGHT, LEFT SCISSOR STEP, RIGHT SCISSOR STEP**

- &1-2 Rock ball of right slightly back, step left forward, step forward right
- &3-4 Step left next to right, step right forward, step left 1/4 turn right
- &5-6 Step right next to left, cross left over right, step right to side
- &7-8 Step left next to right, cross right over left, step left to side

### **LEFT SCISSOR STEP, LEFT 1/4 TURN, 1/2 MONTEREY, SIDE ROCK CROSS, RIGHT WEAVE 1/4 TURN, STUTTER STEP**

- &1-2 Step right next to left, cross left over right, step right back 1/4 turn left
- &3-4 Step left next to right, point right to side, turning 1/2 right step right next to left
- 5&6 Rock left to side, return right, cross left over right
- 7&8& Step right to side, step left behind right, step right 1/4 right, step left slightly behind right

### **STEP RIGHT, STEP LEFT, RIGHT PIVOT TURN, FORWARD LEFT SAILOR, FORWARD RIGHT SAILOR, ROCK, RETURN, 1/2 LEFT TURN**

- 1-2& Step right forward, step left forward pivoting 1/2 right, step forward right
- 3-4& Step left (45) forward, step right behind left, step left (45) forward
- 5-6& Step right (45), step left behind right, step right forward
- 7-8& Rock forward left, return right, turning 1/2 left, step left forward

### **STEP RIGHT SIDE, LEFT ROCK, RETURN, RIGHT ROCK RETURN, 1/2 TURN LEFT, LEFT ROCK, RETURN, LEFT FORWARD COASTER**

- 1-2& Step right to side, rock left behind right, return right
- 3-4& Step left to side, rock right behind left, return left
- 5-6& Turning 1/2 left, step back on right, rock left behind right, return right
- 7&8 Step forward left, step right next to left, step left back

START OVER

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