

**Section 1 Walk, Walk, Rocking Chair, Right Side Rock 1/4 Turn**

- 1 - 2 Walk forward on right, Walk forward on left  
3 - 4 Rock forward on right, Recover on left  
5 - 6 Rock back on right, Recover on left  
7 - 8 Rock right to right side, Recover making a 1/4 turn left stepping forward left (9,00)

**Section 2 Step 1/2 turn, Hip Bumps \* 2, 1/4 turn Cross Shuffle**

- 1 - 2 Step forward on right, Make 1/2 turn pivot left (3,00)  
3 & 4 Step forward on right bump hips right, bump hips left, bump hips right  
5 & 6 Step forward on left bump hips left, bump hips right, bump hips left  
7 & 8  $\hat{A}$  1/4 Turn right with right (6.00), Step left to left side, Cross right in front of left

**Section 3 Side Rock back recover, Side Rock back recover, Walk, Walk, Rock recover**

- 1 - 2 & Step left to left side, Rock back onto right, Recover forward onto left  
3 - 4 & Step right to right side, Rock back onto left, Recover forward onto right  
5 - 6 Walk forward on left, Walk forward on right  
7 - 8 Rock forward on left (on ball for foot, marking), Recover on right

**Section 4 Side rock 1/4 turn, Walk, Walk, Step 1/2 turn, Step lock step**

- 1 - 2 Rock left to left side, Recover making a 1/4 turn right stepping forward right (9,00)  
3 - 4 Walk forward on left, Walk forward on right  
5 - 6 Make 1/2 turn pivot left (3,00), Step forward on right  
7 & 8 Step forward on left, Lock right behind left, Step forward on left

**Start again!****We have made this dance as a floor split to Hand Up by Craig Bennett**