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Out Of My Mind

32 Count, 4 Wall, Intermediate Choreographer: Theresa Needham (UK) May 2008 Choreographed to: Off My Rocker by Billy Currington

(130 bpm) CD: Billy Currington

WALK, WALK, SIDE MAMBO RIGHT, WALK, WALK, SIDE MAMBO LEFT

- 1-2 Walk forward right, walk forward left
- 3&4 Rock right to right side, recover onto left, step right next to left
- 5-6 Walk forward left, walk forward right
- 7&8 Rock left to left side, recover onto right, step left next to right

FORWARD ROCK SHUFFLE 1/2 RIGHT, WALK, WALK, LEFT SAILOR STEP

- 1-2 Rock forward onto right, recover onto left
- 3&4 Shuffle ½ turn right, (right-left-right) (6:00)
- 5-6 Walk left, walk right
- 7&8 Step left behind right, step right to right side, step left to left side

TOUCH BACK, ¼ TURN RIGHT, BEHIND SIDE CROSS, SIDE ROCK CROSS SHUFFLE

- 1-2 Touch right toe back, make ¼ turn right, (weight on right) (9:00)
- 3&4 Step left behind right, step right to right side, cross left over right
- 5-6 Rock right to right side, recover onto left
- 7&8 Cross right over left, step left to left side, cross right over left

1/4 RIGHT, SIDE, CROSS SHUFFLE, LUNGE RECOVER COASTER CROSS

- 1-2 Make ¼ turn right stepping back on left, step right to right side (12:00)
- 3&4 Cross left over right, step right to right side, cross left over right
- 5-6 Lunge to right diagonal, recover onto left
- 7&8 Step back on right, step back on left, cross right over left

LUNGE, RECOVER, BEHIND 1/4 RIGHT, STEP, ROCKING CHAIR

- 1-2 Lunge to left diagonal, recover onto right
- 3&4 Step left behind right, ¼ turn right stepping forward on right, step forward left (3:00)
- 5-6-7-8 Rock forward on right, recover onto left, rock back on right, recover onto left

STEP PIVOT 1/2 LEFT, SHUFFLE FORWARD RIGHT, ROCK RECOVER, TRIPLE FULL TURN LEFT

- 1-2 Step forward on right, pivot ½ turn left (9:00)
- 3&4 Step forward on right, step left next to right, step forward on right
- 5-6 Rock forward on left, recover onto right
- 7&8 Triple full turn left, (left-right-left)
 - Option for 7&8: left coaster step

Music download available from iTunes

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