

Out Of My Mind

56 count, 4 wall, intermediate level

Choreographer: Craig Cooke (UK) March 2004
Choreographed to: Out Of My Mind by Will Young,
Album Friday's Child

Start on vocals

- Section 1: Touch, touch Sailor Step x2**
1-2 Touch right foot to left diagonal, touch right-to-right side
3&4 Step right behind left, step left to left side, step right-to-right side
5-6 Touch left foot to right diagonal, Touch left to left side
7&8 Step left behind right, step right-to-right side, s tep left to left side
- Section 2: Shuffle forward. ½ pivot, shuffle forward ¼ turn**
1&2 Step right foot forward, step left next to right, step right forward
3-4 Step forward onto left pivot ½ turn right
5&6 Step forward onto left, step right next to left, step forward onto left
7-8 Step forward onto right make ¼ turn left
- Section 3: Right kick ball change x2 rocking chair**
1&2 Kick right foot forward, step right in place, step left in place
3&4 Repeat steps 1&2
5-6 Rock forward onto right foot, recover onto left
7-8 Rock back onto right foot recover onto left
- Section 4: Point R,L,R, & clap, Point L,R,L & clap**
1 & Point right to right side. Bring right in place
2 & Point left to left side. Bring left in place
3 & 4 Point right to right side. Clap hands together twice
& 5 Bring right foot in place. Point left to left side
& 6 Step left in place. Point right to right side
& 7 Step right in place. Point left to left side
&8 Clap hands together twice

NOTE: ON WALL 2 AFTER THIS SECTION **RESTART** DANCE FROM BEGINNING!!

- Section 5: Rocking Chair, 2x ½ turns**
1-2 Rock forward onto left foot, recover onto right
3-4 Rock back onto left foot, recover onto right
5-6 Step forward onto left ½ pivot right
7-8 Step forward onto left ½ pivot right
- Section 6: Rock & coaster step, Heel switches & clap x2**
1-2 Rock forward onto left foot recover onto right
3&4 Step back onto left, step right next to left, step forward on left
& Place right heel forward
5 Bring right in place
& Place left heel forward
6 Bring left in place
& Place right heel forward
7 Bring right in place
&8 Clap hands together twice
- Section 7: Heel switches, & clap x2, back rock recover, step & touch**
& 1 Place left heel forward. Bring left in place
& 2 Place right heel forward. Bring right in place
& 3 Place left heel forward. Bring left in place
&4 Clap hands together twice
5-6 Rock back onto left foot, recover onto right
7-8 Step forward onto left foot & touch right in place next to left

Don't forget the restart on wall 2 at the end of section 4.