

Out Of My Mind

48 count, 4 wall, beginner/intermediate level
Choreographer: Jo Kenyon (England) Jan 2004
Choreographed to: Out of My Mind by Will Young,
Friday's Child CD by Will Young

Start on vocals

Section 1 Walks Forward, Kick, Walks Back, Touch

- 1 – 2 Step right forward. Step left forward.
- 3 – 4 Step right forward. Kick left forward.
- 5 – 6 Step left back. Step right back.
- 7 – 8 Step left back. Touch right to left.

Section 2 Walks Forward, Kick, Walks Back, Touch

- 1 – 2 Step right forward. Step left forward.
- 3 – 4 Step right forward. Kick left forward.
- 5 – 6 Step left back. Step right back.
- 7 – 8 Step left back. Touch right to left.

Section 3 Full Turn to Right Clap, Grapevine to Left Clap

- 1 – 2 Step right to right side. Step left over right turning $\frac{1}{2}$ to right.
- 3 – 4 Step right back turning $\frac{1}{2}$ to right. Touch left to right.
- 5 – 6 Step left to left side. Cross right behind left.
- 7 – 8 Step left to left side. Touch right beside left and clap.

Section 4 Full Turn to Right Clap, Grapevine to Left Clap

- 1 – 2 Step right to right side. Step left over right turning $\frac{1}{2}$ to right.
- 3 – 4 Step right back turning $\frac{1}{2}$ to right. Touch left to right.
- 5 – 6 Step left to left side. Cross right behind left.
- 7 – 8 Step left to left side. Touch right beside left and clap.

Section 5 Kick Ball Changes, Side, Close, Side, Close

- 1 & 2 Kick Right forward. Right in place, left in place (small steps)
- 3 & 4 Kick Right forward. Right in place, left in place (small steps)
- 5 – 6 Step right to right. Close left to right.
- 7 – 8 Step right to right. Close left to right.

Section 6 Heel, Toe, Heel, Lift, Back Twinkle

- 1 – 2 Right heel forward. Right toe tap back.
 - 3 – 4 Right heel forward. Lift right knee up turning $\frac{1}{4}$ to left.
 - 5 – 6 Step right back. Close left to right.
 - 7 – 8 Step right forward. Close left to right.
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