

Out And In

Web site: www.linedancermagazine.com

32 count, 4 wall, beginner level Choreographer: Louis James Sequeira (Singapore) July 2004 Choreographed to: The Only Way Out by Cliff Richard (Private Collection 1979-1980)

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Starting The Dance: 32 counts after brief drum roll intro.

ROCK RECOVER, SIDE SHUFFLE TO RIGHT, ROCK RECOVER, SIDE SHUFFLE TO LEFT

- 1-2 Step Right across Left and rock diagonally forward, Recover weight on Left
- 3&4 Side shuffle right Step side Right, close Left beside Right, Step side Right
- 5-6 Step Left across Right and rock diagonally forward, recover weight on Right
- 7&8 Side shuffle left- Step side Left, close Right beside Left, Step side Left

HIPS BUMP FORWARD

- 1&2 Step Right forward, bumping hips -Forward, Back, Forward
- 3&4 Step forward Left, bumping hips Forward, Back, Forward
- 5&6 Step Right forward, bumping hips -Forward, Back, Forward
- 7&8 Step forward Left, bumping hips Forward, Back, Forward

SIDE TOGETHER, SIDE SHUFFLES RIGHT, SIDE TOGETHER, SIDE SUFFLES LEFT

- 1,2 Step Right to right, close Left beside right
- 3&4 Side shuffles right- Step right to Right, close Left beside right, Step Right to right
- 5,6 Step Left to left, close Right beside left
- 7&8 Side shuffles left-Step Left to left, close Right beside left, Step Left to left

JAZZ BOX QUARTER RIGHT TURN, RIGHT KICK BALL CHANGES

- 1,2,3,4 Cross Right over Left, Step Left behind Right, turning ¼ to right stepping Right beside left, step Left beside Right
- 5&6 Kick Right forward, Step right beside left, Step Left in place
- 7&8 Kick Right forward, Step right beside left, Step Left in place

REPEAT

Tag (Just ONCE only!)

On reaching 4th wall, repeat last 4 counts: (that is Kick Right forward, Step right beside left, Step Left in place etc....) and start the dance again still on 4th wall.

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