



STEPPIN'OFF

Approved by:

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IEPage

Our Prescription

4 WALL – 64 COUNTS – IMPROVER			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 - 8	Grapevine With Heel Slap, Side, Heel Slap, Step, Heel Slap Step right to right side. Cross left behind right. Step right to right side. Hook left behind right and slap left heel with right hand. Step left to left side. Hook right in front of left and slap right heel with left hand. Step right forward. Hook left behind right and slap left heel with right hand.	Side Behind Side Slap Side Slap Step Slap	Right On the spot
Section 2 1 – 4 5 – 8	Back Lock Step, Kick, Coaster Step, Step Step left back. Lock right across left. Step left back. Kick right forward. Step right back. Step left beside right. Step right forward. Step left forward.	Back Lock Back Kick Coaster Step Step	Back Forward
Section 3 1 – 4 5 – 6 7 – 8 Restart 2	 Step, Pivot 1/4, Cross, Hold, Hinge 1/2 Turn, Cross, Hold Step right forward. Pivot 1/4 turn left. Cross right over left. Hold. (9:00) Step left back turning 1/4 right. Turn 1/4 right stepping right to right side. (3:00) Cross left over right. Hold. Wall 6: (facing 6:00) Restart dance from the beginning. 	Step Pivot Cross Hold Hinge Half Cross Hold	Turning left Turning right Right
Section 4 1 - 2 3 - 4 5 - 6 7 - 8 Restart 1	 Stomp, Stomp, Swivet, Stomp, Stomp, Swivet Stomp right forward. Stomp left forward. Swivet right toes to right and left heel to left. Return to centre. Stomp left forward. Stomp right forward. Swivet left toes to left and right heel to right. Return to centre. Wall 3: (facing 9:00) Restart dance from the beginning. 	Stomp Stomp Swivet Right Stomp Stomp Swivet Left	Forward On the spot Forward On the spot
Section 5 1 - 2 3 - 4 5 - 8	Back, Kick/Clap, Back, Kick/Clap, Coaster Step, Hold Step right back. Kick left forward and clap. Step left back. Kick right forward and clap. Step right back. Step left beside right. Step right forward. Hold.	Back Kick Back Kick Coaster Step Hold	Back On the spot
Section 6 1 - 4 5 - 8 Option	Step, Pivot 1/2, Step, Hold, Triple Full Turn, Hold Step left forward. Pivot 1/2 turn right. Step left forward. Hold. (9:00) Triple step full turn left, stepping - right, left, right. Hold. Replace full turn with run forward - right, left, right. Hold.	Step Pivot Step Hold Full Turn Hold	Turning right Turning left
Section 7 1 – 4 5 – 6 7 – 8	Stomp, Clap, Stomp, Clap, Cross Rock, Side, Hold Stomp left forward. Clap. Stomp right forward. Clap. Cross rock left over right. Recover onto right. Step left to left side. Hold.	Stomp Clap Stomp Clap Cross Rock Side Hold	Forward On the spot
Section 8 1 – 4 5 – 8	Hip Bumps With Hold Bump hips - right, left, right. Hold. Bump hips - left, right, left. Hold (weight is on left ready to start dance again).	Hip Bumps Hold Hip Bumps Hold	On the spot
Choreographed by: Sue Smyth and Michelle Mathieson (UK) February 2013			

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Choreographed to: 'Put Some Alcohol On It' by Gord Bamford from CD Day Job; download available from amazon.co.uk or iTunes (32 count intro - start on word 'broke') Two Restarts, one during Wall 3 and one during Wall 6



Restarts: