

HEEL TAPS (POINTING RIGHT THUMB), KNEE LIFT

- 1 Tap right heel forward pointing toes slightly to the left (point right thumb to left if front of body)
2 Tap right heel forward at a 45 degree angle pointing toes slightly to the right (point thumb to right)
3 Tap right heel forward pointing toes straight up (point thumb straight up)
4 Lift right knee (point right thumb over right shoulder)

STEP BACK, TOUCH, STEP FORWARD, BRUSH

- 5 - 6 Step back on right, touch left toe back
7 - 8 Step forward on left, brush right forward

STEP RIGHT, SLIDE, TOUCH, CLAP, STEP LEFT, SLIDE, TOUCH, CLAP

- 9 - 10 Step right forward at 45 degree angle to the right (body is still facing forward), slide left foot beside right
11 - 12 Touch left toe beside right foot, clap
13 - 14 Step left forward at 45 degree angle to the left (body is still facing forward), slide right foot beside left
15 - 16 Touch right toe beside left foot, clap

TOE, HEEL, TOE, HEEL WALK BACK, 1/4 TURN RIGHT, HEEL TOE WALK FORWARD

- 17 - 18 Step back on ball of right foot, drop right heel
19 - 20 Step back on ball of left foot, drop left heel

/Optional: Finger snaps on counts 18 and 20

- 21 - 22 Step back on ball of right foot, turn 1/4 turn right on ball of right foot dropping right heel
23 - 24 Step forward on left heel, drop left toe

SHOULDER 'PUMPS' TO RIGHT AND LEFT (SHOULDER 'PUMPS' ARE A CONTINUOUS MOTION)**/Lean and shift weight to right on counts 25-28**

- 25 Step right foot to right dropping right shoulder and lifting left shoulder
& 26 Drop left shoulder/lift right, drop right shoulder/lift left
& 27 & 28 Repeat counts &26 two more times

/Lean and shift weight to left on counts 29-32

- & 29 & 30 Continue shoulder 'pumps' to left.
& 31 & 32 Continue shoulder 'pumps' to left. End with weight on left, shoulders level

/During shoulder 'pumps', hands make fists in front of waist, moving up and down with shoulder movement**REPEAT**
