

Ooh Poo Pah Doo

48 Count, 4 Wall, Improver Choreographer: Roy Verdonk & Pim van Grootel (NL)

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Choreographed to: Ooh Poo Pah Doo by Taj Mahal

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Starts after: After the lyrics, Ooh Poo Pah Doo

1-2 & 3 & 4 5-6 7 8	Walk, Walk, Out, Out, In, In, Walk, Step ¼ Turn R, Cross, Side RF Walk forward. LF Walk forward RF Step to right side LF Step to left side RF Step back to center LF Step back to center RF Step forward. LF Step forward RF ¼ Turn right stepping to right side LF Cross over RF RF Step to right side
1 2 3 & 4 5 6 7 & 8 8	Cross, Side, Sailor ¼ Turn L, Touch fwd / Hip Bump, ¼ Turn L, Touch Diagonal, Ball, Cross, Side LF Cross over RF RF Step to right side LF Cross behind RF RF ¼ Turn left stepping next LF LF Step forward RF Touch forward, Hip bump RF ¼ Turn left stepping to right side LF Touch diagonal left forward LF Step to left side RF Cross over LF LF Step to left side
1-2 & 3-4 5 6 7&8	Cross, Hold, Side, Cross Rock, ¼ Turn R, ½ Turn R, Coaster Step RF Cross behind LF. Hold LF Step to left side RF Cross over LF. LF Recover weight RF ¼ Turn right stepping forward LF ½ Turn right stepping backwards RF Step backwards. LF Step next RF. RF Step forward Rock Step 2x, ½ Turn R, ¼ Turn R LF Step forward. RF Recover weight. LF Step next RF
3-4& 5-6 7-8	RF Step forward. LF Recover weight. RF Step next LF LF Step forward. RF ½ Turn right stepping forward LF Step forward. RF ¼ Turn right stepping to right side
1 2 3 4 & 5 6 & 7 & 8	Side, Cross, Side, Heel, Ball, Cross, Syncopated Weave LF Step to left side RF Cross over LF LF Step to left side RF Heel diagonal right forward RF Step next LF LF Cross over RF RF Step to ride side LF Cross behind RF RF Step to right side LF Cross over RF RF Step to right side LF Cross behind RF
1-2 3 & 4-5 6 7-8	Side, Hold, Sailor Step ¼ Turn L, Step ¼ Turn L / Hip Roll, Step ½ Turn L / Hip Roll RF Step to right side. Hold LF Cross behind RF RF ¼ Turn left stepping next LF LF Step forward. RF Step forward LF ¼ Turn left stepping to left side, hip roll RF Step forward. LF ½ Turn left stepping forward, hip roll