



Approved by:



# Ooh Poo Pah Doo

## 2 WALL - 48 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 & 4 5 & 6 7 & 8	<b>Side Rock, Sailor Step x 2, Kick Ball Step</b> 1 - 2 Rock right out to right side. Recover onto left. 3 & 4 Cross right behind left. Step left to left side. Step right to place. 5 & 6 Cross left behind right. Step right to right side. Step left to place. 7 & 8 Kick right forward. Step right beside left. Step left forward.	Side Rock Right Sailor Left Sailor Kick Ball Step	On the spot
<b>Section 2</b> 1 - 2 3 - 4 5 - 6 7 & 8	<b>Forward Toe Strut x 3, Kick Ball Cross</b> 1 - 2 Step forward on right toe. Drop right heel taking weight. 3 - 4 Step forward on left toe. Drop left heel taking weight. 5 - 6 Step forward on right toe. Drop right heel taking weight. 7 & 8 Kick left forward. Step left beside right. Cross right over left.	Toe Strut Toe Strut Toe Strut Kick Ball Cross	Forward   On the spot
<b>Section 3</b> 1 - 6 <b>Note</b> 7 & 8	<b>Unwind 1/2 With Shoulder Shrugs, Coaster Step</b> 1 - 6 Slowly unwind 1/2 turn left on balls of both feet, weight ending on right. (6:00) <b>1 - 6: shrug shoulders 6 times, arms down and out to sides with palms down.</b> 7 & 8 Step left back. Step right beside left. Step left forward.	Unwind Half  Coaster Step	Turning left  On the spot
<b>Section 4</b> 1 - 2 3 & 4 5 - 6 7 & 8	<b>Diagonal Lock Steps Forward</b> 1 - 2 Step right diagonally forward right. Lock left behind right. 3 & 4 Moving diagonally forward right, step right. Lock left behind right. Step right. 5 - 6 Step left diagonally forward left. Lock right behind left. 7 & 8 Moving diagonally forward left, step left. Lock right behind left. Step left.	Right Lock Right Lock Right Left Lock Left Lock Left	Forward
<b>Section 5</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Forward Rock, Triple 1/2 Turn, Step Pivot 1/4 x 2</b> 1 - 2 Rock right forward. Recover onto left. 3 & 4 Triple step 1/2 turn right, stepping - right, left, right. (12:00) 5 - 6 Step left forward. Pivot 1/4 turn right, weight ending on right. (3:00) 7 - 8 Step left forward. Pivot 1/4 turn right, weight ending on right. (6:00)	Forward Rock Triple Half Step Pivot Step Pivot	On the spot Turning right
<b>Section 6</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Forward Rock, Triple 1/2 Turn, Step Pivot 1/4 x 2</b> 1 - 2 Rock left forward. Recover onto right. 3 & 4 Triple step 1/2 turn left, stepping - left, right, left. (12:00) 5 - 6 Step right forward. Pivot 1/4 turn left, weight ending on left. (9:00) 7 - 8 Step right forward. Pivot 1/4 turn left, weight ending on left. (6:00)	Forward Rock Triple Half Step Pivot Step Pivot	On the spot Turning left

**Choreographed by:** Violet Ray (USA) November 2007

**Choreographed to:** 'Ooh Poo Pah Doo' by Taj Mahal from CD Phantom Blues;

also available from iTunes (start on the word "doo")



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)



Music available on Brother Louie CD available from [www.linedancermagazine.com](http://www.linedancermagazine.com) or call 01704 392300