

KNEE TURNS X 2, GRAPEVINE

- 1 - 2 With weight on right foot and left heel lifted, take left knee to left side and back to center
3 - 4 Take left knee to left side and back to center
5 - 6 Step left foot to left side, cross right foot behind left
7 - 8 Step left foot to left side, touch right foot next to left

KNEE TURNS X 2, GRAPEVINE

- 1 - 2 With weight on left foot and right heel lifted, take right knee to right side and back to center
3 - 4 Take right knee to right side and back to center
5 - 6 Step right foot to right side, cross left foot behind right
7 - 8 Step right foot to right side, touch left foot next to right

KICK BALL CHANGE, STEP, PIVOT X 2

- 1 & 2 Kick left foot forward, step onto ball of left foot, step onto right foot
3 - 4 Step left foot forward, pivot 1/2 turn left stepping right foot next to left
5 & 6 Kick left foot forward, step onto ball of left foot, step onto right foot
7 - 8 Step left foot forward, pivot 1/2 turn left stepping right foot next to left

KNEE ROLLS

- 1 - 2 With the heel slightly raised, roll left knee in a full circle left
3 - 4 With the heel slightly raised, roll right knee in a full circle right
5 - 6 Roll left knee to the left, roll right knee to the right
7 - 8 Roll left knee to the left, roll right knee to the right

TOE STRUTS FORWARD

- 1 - 2 Touch left toes forward, drop left heel to the floor
3 - 4 Touch right toes forward, drop right heel to the floor
5 - 6 Touch left toes forward, drop left heel to the floor
7 - 8 Touch right toes forward, drop right heel to the floor

SHIMMY, 1/2 TURN, SHIMMY, STEP

- 1 - 4 Step left foot to left side, shimmy hips & shoulders for 2 counts, turn 1/2 turn left on ball of left foot
5 - 8 Step right foot to right side, shimmy for 2 counts, step left foot next to right

TOE STRUTS BACK

- 1 - 2 Touch right toes back, drop right heel to the floor
3 - 4 Touch left toes back, drop left heel to the floor
5 - 6 Touch right toes back, drop right heel to the floor
7 - 8 Touch left toes back, drop left heel to the floor

STEP, SHIMMY FORWARD X 2

- 1 - 4 Step right foot diagonally forward, shimmy for 2 counts, touch left foot next to right
5 - 8 Step left foot diagonally forward, shimmy for 2 counts, touch right foot next to left

ROCK STEPS, STEP, PIVOT WITH BODY ROLL, STOMP, STOMP

- 1 - 2 Step right foot forward, rock back onto left foot
3 - 4 Step right foot back, rock forward onto left foot
5 - 6 Step right foot forward, turn 1/2 turn left with both knees bent and roll body
7 - 8 Stomp right foot in place, stomp left foot in place

ROCK STEPS, STEP, PIVOT WITH BODY ROLL, STOMP, TOUCH

- 1 - 2 Step right foot forward, rock back onto left foot
3 - 4 Step right foot back, rock forward onto left foot
5 - 6 Step right foot forward, turn 1/2 turn left with both knees bent and roll body
7 - 8 Stomp right foot in place, touch left foot next to right

REPEAT