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Only One Woman

IMPROVER

48 Count 4 Walls

Choreographed by: Micaela Svensson Erlandsson

Choreographed to: Only One Woman by Alien

Section 1

Slow Chasse right, Cross rock forward left, Side

1 - 3 Step right to right, close left beside right, Step right to right.

4 - 6 Cross rock forward on left. Rock back onto right, Step left to left side.

Section 2

Right Twinkle, Left Twinkle 1/4 turn left

1 - 3 Cross step right over left. Step left to left side. Step right in place.

4 - 6 Cross step left over right. Step right to right side. Turn 1/4 left stepping forward on left.

Section 3

Step, Hitch left, Kick left forward, Step left back, turn 1/2 right Stepping forward on right, Step left forward

1 - 3 Step forward on right, Hitch left knee up, Kick left foot forward

4 - 6 Step back on left, Turn 1/2 right stepping forward on right foot, step left foot forward

Section 4

Step forward on right, Hitch left, Kick left forward, Basic Waltz Step back left.

1 - 3 Step forward on right, Hitch left knee up, Kick left foot forward

4 - 6 Step back left. Step right beside left. Step left beside right

Section 5

Right Twinkle, Cross, Side, Behind

1 - 3 Cross step right over left. Step left to left side. Step right in place.

4 - 6 Cross left over right, Step right to right side, Cross left behind right

Section 6

Long step right, drag left beside right, Turn 1/4 left, Turn 1/2 left, Turn 1/4 left.

1 - 3 Take a long step to the right with right, Drag left towards right

4 - 6 Turn 1/4 left Stepping left forward, Turn 1/2 left stepping back on right, Turn 1/4 left stepping left to left

Section 7

Cross rock forward right, Side Cross, Side, Behind

1 - 3 Cross rock forward on right. Rock back onto left, Step right to right side.

4 - 6 Cross left over right, Step right to right side, Cross left behind right

Section 8

Long step right, drag left beside right, Long step left, drag right beside left,

1 - 3 Take a long step to the right with right, Drag left towards right

4 - 6 Take a long step to the left with left, Drag right towards left

Tag 1-After wall 2, 4 and 6 (18 counts)

Section 1

Right Twinkle, Left Twinkle

1 - 3 Cross step right over left. Step left to left side. Step right in place.

4 - 6 Cross step left over right. Step right to right side. Step left in place.

Section 2

Cross, Side, Behind, Long step left, Drag right beside left.

1 - 3 Cross right over left, Step left to left, Cross right behind left.

4 - 6 Take a long step to the left with left, Drag right towards left

Section 3

Long step right, Drag left beside right, Long step left, Drag right beside left.

1 - 3 Take a long step to the right with right, Drag left towards right

4 - 6 Take a long step to the left with left, Drag right towards left

Tag 2- After Wall 5(6 counts)

Long step right, drag left beside right, Long step left, drag right beside left.

1 - 3 Take a long step to the right with right, Drag left towards right

4 - 6 Take a long step to the left with left, Drag right towards left

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