

## Only Natural

32 Count, 2 Wall, Improver

Choreographer: John Sutton (UK) November 2011

Choreographed to: Why Did It Have To Be Me by  
Abba (121bpm)

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Start after 16 counts

**Two Walks, Right Side Mambo. Two Walks, Left Side Mambo**

- 1-2 Walk forward right. Walk forward left.
- 3&4 Rock right sideways. Rock left to left. Step right beside left.
- 5-6 Walk forward left. Walk forward right.
- 7&8 Rock left sideways. Rock right to right. Step left beside right

**Right Ronde 1/2 turn, Cross Shuffle, Jazz Box Into 1/4 Turn Right.**

- 1-2 Sweep right out and around over left into 1/2 turn left.
- 3&4 Step left across right. Close right beside left. Step left across right.
- 5-6 Cross right over left. Step back left.
- 7-8 Step right into 1/4 turn right. Step left beside right.

**Rock Step, Triple 1/2 Turn, Full Turn, Left Shuffle.**

- 1-2 Rock forward on right. Recover onto left.
- 3&4 Triple 1/2 turn right. Stepping right left right.
- 5-6 Step forward left into 1/2 turn right. Step forward right into 1/2 turn right.
- 7&8 Step left forward. Close right beside left. Step left forward.

**Jazz Box Into 1/4 Turn Right. Four Heel Switches.**

- 1-2 Cross right over left. Step back left.
- 3-4 Step right into 1/4 turn right. Step left beside right.
- 5-6 Touch right heel forward and replace. Touch left heel forward and replace.
- 7-8 Touch right heel forward and replace. Touch left heel forward and replace.

**Note:** With thanks to Sylvie "Mother" World for her much appreciated contributions