

Only Lonely

96 Count, 4 Wall, Intermediate, Waltz

Choreographer: Michael Vera-Lobos (Aus) Feb 2014

Choreographed to: Only Lonely by Tina Arena,

Album: Reset

Start dancing on lyrics

- 1 2 CROSS WALTZ, CROSS, ¼ LEFT, STEP SIDE, CROSS, SWEEP SIDE, CROSS, ¼ LEFT STEP BACK**
1-2-3 Cross right over, rock left side, recover to right
4-5-6 Cross left over, turn ¼ left and step right back, step left side (9:00)
1-2-3 Cross right over, sweep left back to side over 2 counts
4-5-6 Cross left over, turn ¼ left and step right back, step left back (6:00)
- 2 STEP BACK, DRAG TOWARDS, COASTER WALTZ BACK LEFT, ¾ WALTZ FORWARD RIGHT CROSS, ¼ LEFT, ¼ LEFT**
1-2-3 Step right back, drag left toward right over 2 counts
4-5-6 Step left back, step right together, step left forward
1-2-3 Step right forward, turn ½ right and step left back, turn ¼ right and step right side (3:00)
4-5-6 Cross left over, turn ¼ left and step right back, turn ¼ left and step left side (9:00)
- 3 STEP FORWARD INTO CORNER, DRAG, ½ BACK RIGHT, SWEEP SIDE, ROCK BACK, REPLACE ½ LEFT, STEP BACK, ½ RIGHT, FORWARD**
1-2-3 Turn 1/8 left and step right forward, drag left toward right over 2 counts (7:30)
4-5-6 Turn ½ right and step left back, sweep right front to side over 2 counts (1:30)
1-2-3 Rock right back, recover to left, turn ½ left and step right back (7:30)
4-5-6 Step left back, turn ½ right and step right forward, step left forward (1:30)
- 4 STEP FORWARD, 1/8 RIGHT SWEEP LEFT, CROSS, SIDE, BEHIND, ¼ RIGHT, STEP LEFT FORWARD, ½ TURN RIGHT, ¼ RIGHT DRAG**
1-2-3 Step right forward, turn 1/8 right and sweep left back to side over 2 counts (3:00)
4-5-6 Cross left over, step right side, cross left behind
1-2-3 Turn ¼ right and step right forward, step left forward, turn ½ right (weight to right) (12:00)
4-5-6 Turn ¼ right and step left side, drag right toward left over 2 counts (3:00)
- 5 CROSS BEHIND, SWEEP AROUND, BEHIND, ¼ RIGHT, STEP SIDE, CROSS BEHIND SWEEP AROUND, BEHIND, ¼ RIGHT, STEP SIDE**
1-2-3 Cross right behind, sweep left front to side over 2 counts
4-5-6 Cross left behind, turn ¼ right and step right forward, step left side (6:00)
1-2-3 Cross right behind, sweep left front to side over 2 counts
4-5-6 Cross left behind, turn ¼ right and step right forward, step left side (9:00)
- 6 ROCK BEHIND, REPLACE, STEP SIDE, TOUCH BEHIND, SLOW ½ UNWIND LEFT, CROSS WALTZ, CROSS, ¼ LEFT, ½ LEFT**
1-2-3 Cross/Rock right behind, recover to left, step right side
4-5-6 Touch left back, unwind ½ left over 2 counts (weight to left)
1-2-3 Cross right over, rock left side, recover to right
4-5-6 Cross left over, turn ¼ left and step right back, turn ½ left and step left forward (6:00)
- 7 SIDE RIGHT, DRAG BESIDE, FULL SPIN TRAVELING LEFT, CROSS ROCK, DRAG, HOLD, ROCK BACK, STEP SIDE, CROSS**
1-2-3 Step right side, drag left toward right over 2 counts
4-5-6 Vine left turning a full turn left
1-2-3 Cross right over, drag left toward right, hold
4-5-6 Recover to left, step right side, cross left over
- 8 STEP SIDE, DRAG BESIDE, CROSS ROCK, REPLACE, STEP SIDE, CROSS, ¼ RIGHT, ½ RIGHT, STEP SIDE, DRAG BESIDE**
1-2-3 Step right side, drag left toward right over 2 counts
4-5-6 Cross/rock left over, recover to right, step left side
1-2-3 Cross right over, turn ¼ right and step left back, turn ½ right and step right forward
4-5-6 Big step left side, drag right toward left over 2 counts (3:00)
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