

Only Gets Better

48 Count, 4 Wall, Intermediate

Choreographer: Guyton Mundy (USA) Sept 2008

Choreographed to: Keeps Gettin' Better by

Christina Aguilera

Start dancing on lyrics

- 1. STEP BACK, ½ TURN, ½ CHASE TURN, STEP, ¼ TURN JAZZ, ¼ WEAVE**
1-2 Step left back, make a ½ turn to the right and step right forward
3&4 Step left forward, make a ½ turn to the right and step right forward, step left forward
5 Step right forward
6&7 Cross left over right, turn ¼ left and step right back, step left to side
8&1 Cross right behind left, turn ¼ left and step left forward, step right to side

- 2. ¾ TURN, ½ TURN, COASTER, STEPS TWICE, ROCK RECOVER CROSS**
2-3 Turn ¾ left and step left forward, turn ½ left and step right back
4&5 Step left back, step right together, step left forward
6-7 Step right forward, step left forward
8&1 Rock right to side, recover on left, cross right over left

- 3. HITCH, PRESS, RECOVER WITH ¾ TURN, ½ TURN, COASTER**
2-3-4 Hitch left knee, rock/press left to side, recover on right
5-6 Turn ¾ left and step left forward, turn ½ left and step right back
7&8 Step left back, step right together, step left forward

- 4. HEEL GRIND, BALL STEP, STEP WITH ¼ TURN, HOLD, BALL STEP, ½ TURN BACK, COASTER**
1&2 Grind right heel forward, step left in place (ball of foot), step right slightly back
&3-4 Turn ¼ left and step left forward, step right forward, hold
&5-6 Step right back (ball of foot), step left forward, turn ½ left and step right back
7&8 Step left back, step right together, step left forward

- 5. STEP, BALL LIFT, RECOVER, BALL STEP, KNEE POPS, STEP BACK, ½ TURN DRAG**
1-2 Step right forward, lift right heel (bringing body up slightly)
3&4 Lower right heel, step back on left (ball of foot), step right forward
5-6 Pop right knee forward, pop left knee forward (straighten right knee)
7-8 Press off of left foot as you turn ½ right and step right forward, drag/touch left together

- 6. ¼ TURN JAZZ, CROSS, ¼, ½, ½**
1-2 Step left forward, cross right over left
3-4 Step left back, turn ¼ right and step right to side
5-6 Cross left over right, turn ¼ left and step right back
Styling on 5-6: as you cross and step back slightly bend at knees and lower body
7-8 Turn ½ left and step left forward, turn ½ left and step right back
Styling on 7-8: raise up slightly on count 7 and fully on count 8
Think of it as walking down stairs on counts 5-6 and walking up on counts 7-8