

One Step To The Left

IMPROVER

64 Count 4 Walls

Choreographed by: Audrey Watson

Choreographed to: 1,2,3 by Ann Tayler

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- One** **SIDE TOG 1/4 TURN TOUCH, 1/4 TURN TOUCH, 1/4 TURN TOUCH.**
1 - 2 Step left to left side, close right next left.
3 - 4 Turn 1/4 left stepping fwd on left, touch right next left.
5 - 6 Turn 1/4 left stepping back on right, touch left next right.
7 - 8 Turn 1/4 left stepping fwd on left, touch right next left. (Clap hands on touches)
- Two** **SIDE TOG 1/4 TURN TOUCH, SIDE TOUCH, SIDE TOUCH.**
1 - 2 Step right to right side, close left next right.
3 - 4 Turn 1/4 right stepping fwd on right, touch left next right.
5 - 6 Step left to left side, touch right next left.
7 - 8 Step right to right side, touch left next right. (Clap hands on touches)
- Three** **FWD ROCK BACK HOLD, BACK LOCK STEP, HOLD.**
1 - 2 Rock fwd on left, recover back on right.
3 - 4 Step back on left, hold for a beat.
5 - 6 Step back on right, lock left over right.
7 - 8 Step back on right, hold for a beat
- Four** **BACK ROCK FWD, HOLD, TRIPLE FULL TURN HOLD**
1 - 2 Rock back on left, recover fwd on right.
3 - 4 Step fwd on left, hold for a beat
5 - 8 Triple full turn left stepping right, left, right (Easier option -Right shuffle fwd)
here on wall 6 - Restart dance from beginning again
here
- Five** **TOE STRUT, BACK ROCK, SIDE HOLD, 1/2 HINGE TURN HOLD.**
1 - 2 Step left toe to left side, drop heel to floor.
3 - 4 Rock right back behind left, recover fwd on left.
5 - 6 Step right to right side, hold for a beat.
7 - 8 Turn 1/2 left stepping left to left side, hold for a beat.
- Six** **CROSS STEP CROSS HOLD, 1/4 TURN HOLD. 1/2 TURN HOLD.**
1 - 2 Cross right over left, step left to left side.
3 - 4 Cross right over left, hold for a beat
5 - 6 Turn 1/4 right stepping back on left, hold for a beat.
7 - 8 Turn 1/2 right stepping fwd on right, hold for a beat
- Seven** **HIP BUMPS, COSTER STEP, 1/2 SPIN LEFT**
1 - 2 Step left to left side bumping hips left, bump hips right.
3 - 4 Bump hips left, bump hips right.
5 - 6 Step back on left, step right next left.
7 - 8 Step fwd on left, spin 1/2 turn left on ball of left foot.
- SECTION EIGHT RIGHT LOCK STEP, LEFT LOCK STEP, STOMP, HOLD**
1 - 2 Step fwd on right, lock left behind right.
3=4 Step fwd on right, step fwd on left.
5 - 6 Lock right behind left, step fwd on left.
7 - 8 Stomp fwd on right, hold for a beat.
- TAG** **4 COUNT TAG “ STEP TOUCH X 2 to be added at the end of walls: 1 and 3 and after count 32 on wall 6**
1 - 2 Step left to left side, touch right next left.
3 - 4 Step right to right side, touch left next right.
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