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E-mail: [admin@linedancermagazine.com](mailto:admin@linedancermagazine.com)

## One Step

161 counts in three sections, wall, advanced level

Choreographer: Double D

Choreographed to: One Step Closer

by S Club Juniors

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Dance sequence: A B (hold for 2 counts) A B C B B  
(end on section B count 32, replace triple half turn with coaster step).

### Section A:

#### Side behind and heel and cross, Side behind and heel and cross:

- 1-2 Step right to right side, cross left behind right,
- &3-&4 Step right, point left heel to left side, step left next to right, cross right over left,
- 5-6 Step left to left side, cross right behind left,
- &7-&8 Step left, point right heel to right side, step right next to left, cross left over right.

#### Step lock shuffle, pivot ½ turn, triple ½ turn:

- 9-10 Step forward right, lock left behind right,
- 11&12 Step forward right, step left next to right, step forward right,
- 13-14 Step forward left pivot ½ turn over right shoulder
- 15&16 Continue turning right ½ turn stepping left, right, left

#### Rock back forward, and left right left, rock forward back, triple ½ turn:

- 17-18 Rock back onto right step forward on left,
- &19&20 Step right next to left, step forward left, step right next to left, step forward left,
- 21-22 Rock forward right step back left,
- 23&24 Triple ½ turn over right shoulder stepping right, left, right

#### Rock forward back, coaster cross:

- 25-26 Rock forward left back right,
- 27&28 Step back left, step right beside left, cross left over right.

#### Repeat steps 1-26

- 55&56 Step back left, step right beside left, step forward left.

### Section B:

#### Step lock shuffle, step lock shuffle:

- 1-2 Step forward right, lock left behind right
- 3&4 Step forward right, step left beside right, step forward right,
- 5-6 Step forward left, lock right behind left
- 7&8 Step forward left, step right beside left, step forward left

#### Syncopated grapevine to the right, rock side recover:

- 9-10 Step right to right side, cross left behind right,
- &11-12 Step right to right side, cross left over right, step right to right side
- 13&14 Cross left behind right, step right to right side, cross left over right
- 15-16 Rock right to right side, recover weight to left.

#### Cross ¼, triple ½, ¼ turn cross shuffle:

- 17-18 Cross right over left, ¼ turn to right stepping back on left,
- 19&20 Continue turning over right shoulder stepping back right, left, right
- 21-22 Step forward left pivot ¼ turn right
- 23&24 Cross left over right, step right to right side, cross left over right

#### Rock recover, coaster step, rock recover, triple ½ turn:

- 25-26 Rock right to right side recover weight onto left
- 27&28 Step back right, step left next to right, step forward right
- 29-30 Rock forward left recover weight onto right
- 31&32 Triple ½ turn over left shoulder stepping left, right, left

#### Step kick, and cross touch, cross unwind hip hip:

- 33-34 Step forward right kick left
- &35-36 Step back left, cross right over left, touch left toes to left side,
- 37-38 Cross left over right, unwind ½ turn over right shoulder
- 39-40 Bump hips right, left

#### Kick and out, kick and out, swivel heels ¼ turn, body roll:

- 41&42 Kick right forward, step right next to left, touch left toe to left side
  - 43&44 Kick left forward, step left next to right, touch right toe to right side
  - 45&46 Swivel heels left, right, left making a ¼ turn to the right,
  - 47-48 Body roll (Alternative: bending knees dip down and up).
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**Section C:**

**Right grapevine, left grapevine ¼ turn:**

- 1-4 Step right to right side, cross left behind right, step right to right side, touch left next to right,  
5-8 Step left to left side, cross right behind left, step left to left side, scuff right making ¼ turn to left,

**Walk back, walk forward ¼ turn:**

- 9-12 Walk back right, left right, touch left next to right  
13-16 Walk forward left, right, left, scuff right ¼ turn to left

**Right grapevine, left grapevine ¼ turn:**

- 17-20 Step right to right side, cross left behind right, step right to right side, touch left next to right,  
21-24 Step left to left side, cross right behind left, step left to left side, scuff right making ¼ turn to left,

**Walk forward kick, walk back:**

- 25-28 Walk forward right, left, right, kick left  
29-32 Walk back left, right, left, touch right next to left,

**Heel switches, clap clap, heel switches, clap clap:**

- 33&34& Touch right heel forward, step right in place, touch left heel forward, step left in place,  
35&36 Touch right heel forward, clap hands twice  
&37&38 Step right foot in place, touch left heel forward, step left foot in place, touch right heel forward,  
&39&40 Step right foot in place, touch left heel forward, clap hands twice.

**Pivot ½ turn, pivot ½ turn, right sailor, left sailor:**

- &41-42 Step left foot in place, step forward right ½ pivot turn over left shoulder,  
43-44 Step forward right ½ pivot turn over left shoulder,  
45&46 Cross right behind left, step left to left side, step right to right side  
47&48 Cross left behind right, step right to right side, step left to left side.

**Heel switches, clap clap, heel switches, clap clap:**

- 49&50& Touch right heel forward, step right in place, touch left heel forward, step left in place,  
51&52 Touch right heel forward, clap hands twice,  
&53&54 Step right foot in place, touch left heel forward, step left foot in place, touch right heel forward,  
&55&56 Step right foot in place, touch left heel forward, clap hands twice.