

One Off

64 count, 2 wall, level

Choreographer : Anita Moorh (UK) Feb 2001

Choreographed to : Uptown Girl by Westlife

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BACK R. SHUFFLE BACK L. SHUFFLE, KICK RIGHT, KICK LEFT, KICK RIGHT, TOUCH RIGHT TO RIGHT SIDE

- 1&2 Shuffle back right, left, right
- 3&4 Shuffle back left, right, left
- 5&6 Kick right over left, step on right, Kick left over right, step on left
- 7 Touch right foot over left
- 8 Touch right foot to right side

R.MONTERAY, R HEEL,L HEEL, (REPEAT) 1/2 SHUFFLE TURN LEFT

- 9&10 Half monterey turn to right
- 11&12 Touch right heel forward in place Touch left heel forward in place
- 13&14 Repeat steps 11 & 12
- 15&16 Shuffle half turn, turning left

FULL TURN, LEFT ROCK & CROSS RIGHT ROCK & CROSS, 1/4 PIVOT TURN LEFT

- 17&18 Full turn turning left
- 19&20 Side rock to right, cross right over left
- 21&22 Side rock to left, cross left over right
- 23-24 Step forward right 1/4 pivot turn to left

SYN. JAZZ BOX, HALF TURN LEFT ROCK FORWARD RIGHT, ROCK BACK LEFT

- 25&26 Syn. jazz box, cross right over left, step back right, step back left
- 27-28 Cross left foot behind right, unwind half turn to left
- 29-30 Rock forward on right, rock back on left
- 31-32 Right sailor shuffle 1/4 turn right

LEFT FORWARD, RIGHT BACK, LEFT COASTER STEP. R. SIDE SHUFFLE CROSS ROCK

- 33-34 Rock forward L. Rock Back R.
- 35-36 Left coaster Step
- 37&38 Side right shuffle, right, left right
- 39-40 Cross L. over R. rock back Right

SIDE L. SHUFFLE, CROSS ROCK, FULL TURN TO R.

- 41&42 Side Left Shuffle, Left, Right, Left
- 43-44 Cross Rock, right over left, rock back left
- 45-47 Full turn turning to right side stepping right, left, right
- 48 Step left next to right

PIVOT 1/2 TURN LEFT (REPEAT) CROSS LEFT BEHIND RIGHT, ROCK & CROSS SHUFFLE

- 49-50 Step forward right, pivot 1/2 turn left
- 51-52 Same as 49-50
- 53-54 Step right to right side, cross left behind right
- 55-56 Rock right to right side, rock back on left

CROSS SHUFFLE, ROCK LEFT, KICK, CROSS SWIVEL

- 57&58 Cross right over left, shuffle to left
- 59-60 Rock left to left side, rock back on right
- 61-62 Kick left foot diagonally to left cross left foot over right
- 63&64 Place right toe next to left instep (with toes pointing left) Swivel both heels right and back to centre.

