



Approved by:



One Of Those Things

4 WALL - 32 COUNTS - BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Right Rocking Chair, Forward Lock Step, Hold		
1 - 2	Rock forward on right. Recover onto left.	Forward Rock	On the spot
3 - 4	Rock back on right. Recover onto left.	Back Rock	
5 - 7	Step right forward. Lock left behind right. Step right forward.	Right Lock Right	Forward
8	Hold.	Hold	On the spot
Section 2	Left Rocking Chair, Forward Lock Step, Hold		
1 - 2	Rock forward on left. Recover onto right.	Forward Rock	On the spot
3 - 4	Rock back on left. Recover onto right.	Back Rock	
5 - 7	Step left forward. Lock right behind left. Step left forward.	Left Lock Left	Forward
8	Hold.	Hold	On the spot
Section 3	Scissor Step, Hold (x 2)		
1 - 3	Step right to right side. Step left beside right. Cross right over left.	Side Together Cross	Left
4	Hold.	Hold	On the spot
5 - 7	Step left to left side. Step right beside left. Cross left over right.	Side Together Cross	Right
7 - 8	Hold.	Hold	On the spot
Section 4	Grapevine Right, Grapevine Left 1/4, Brush		
1 - 3	Step right to right side. Cross left behind right. Step right to right side.	Side Behind Side	Right
4	Touch left beside right.	Touch.	On the spot
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 - 8	Make 1/4 turn left stepping left forward. Brush right forward.	Turn Brush	Turning left

Choreographed by: Alan Spence (Wales) May 2007

Choreographed to: 'One Of The Things' by Hal Ketchum (152 bpm) from CD One More Midnight;
also available as download from iTunes (16 count intro)