

## One Of These Nights

32 Count, 4 Wall, Beginner

Choreographer: Amy Christian-Sohn (USA) March 09

Choreographed to: One Of These Nights by

The Eagles

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### STEP FWD, TOUCH, L COASTER, STEP FWD, TOUCH, L COASTER,

- 1-2 Step fwd on R foot(1), Touch L foot fwd, (lean back slightly, for styling)(2),  
3&4 L Coaster step,  
5-6 Step fwd on R foot(5), Touch L fwd, (lean back slightly, for styling)(6),  
7&8 L Coaster step,

### STEP, PIVOT ½, SHUFFLE FWD, STEP, PIVOT ½, SHUFFLE FWD,

- 1-2 Step fwd on R foot, Pivot ½ turn left stepping L foot fwd,  
3&4 Step fwd on R foot, Step L next to L, Step fwd on R foot,  
5-6 Step fwd on L foot, Pivot ½ turn right stepping R foot,  
7&8 Step L foot fwd, Step R foot next to L, Step fwd on L foot,

### SIDE, TOGETHER, CHASSE, CROSS ROCK, ¼ TURN SHUFFLE,

- 1-2 Step R foot to right side, Step L foot next to R foot,  
3&4 Step R foot to right side, Step L foot next to R foot, Step R foot to right side,  
5-6 Step L foot across R foot, Recover on R foot,  
7&8 ¼ Turn left stepping L foot fwd, Step R foot next to L foot, Step L foot forward,

### OUT, OUT, IN, IN, OUT, OUT, IN, IN,

- 1-4 Step R foot to right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R foot(4),  
5-8 Step R foot to right side(1), Step L foot to left side(2), Step R foot in(3), Step L foot next to R foot(4),

### FUNKY - FUN OPTIONAL STEPS - for the last 4 counts of the dance.

*Replace counts 5-8 with these steps. These steps will hit the beat perfectly.*

- 1) **For the end of Walls 2, 5 and 8, - (Part B) - OUT, OUT, LOOK RIGHT, HOLD,**  
&5 Step R foot to R side(&), Step L foot to L side(5),  
6-8 Look Right and Hold.
- 2) **For the end of Walls 3 and 6, - (Part C) – Syncopated OUT, OUT, IN, IN, FWD BODY ROLL or HIP ROLL (This part can also be used at the Intro.)**  
5&6& Step R foot to R side(5), Step L foot to L side(&), Step R foot in(6), Step L foot next to R foot(&),  
7-8 Fwd Body Roll or CCW Hip Roll.

**Sequence** – The original steps will be called A.  
(Use Part C for Intro) A,B,C. A,B,C. A,B, A,A,A,A,A.

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Music download available from

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