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## One Of These Nights

32 count, 2 wall, Beginner/Intermediate level  
Choreographer : Linda Brooks (UK) July 2001  
Choreographed to : One Of These Nights by The  
Eagles (110 bpm), Very Best Of The Eagles  
Album

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64 COUNT INTRO. START ON WORD 'NIGHTS'

### FULL TURN RT. CHASSE RT., ROCK STEPS, ½ TURN LT., TAP

- 1-2 Step Rt. to Rt. side making ½ Rt., step Lt. beside Rt. making ½ turn Rt.  
3&4 Step Rt. to Rt. side, close Lt. to Rt., step Rt. to Rt. side  
5-6 Rock Lt. across Rt., rock back onto Rt.,  
7-8 Turn ½ to Lt. stepping forward with Lt., tap Rt. beside Lt.

### SIDE SLIDE CROSS RT. & LT., PIVOT ¾, HOOK SHUFFLE

- 9&10 Step Rt. to Rt. side, slide Lt. to Rt., cross Rt. over Lt.  
11&12 Step Lt. to Lt. side, slide Rt. to Lt. cross Lt. over Rt.  
13-14 Step forward Rt., pivot ¾ to Lt. hooking Lt. across Rt.  
15&16 Step Lt. forward, close Rt. to Lt., step Lt. forward.

### KICK STEP SIDE, HEELS IN, TOES IN, CLAP CLAP, KNEE POPS

- 17&18 Kick Rt. forward, replace Rt., step Lt. to Lt. side  
&19&20 Bring heels into centre, bring toes into centre, clap, clap  
21-22 Bend Rt. knee forward lifting Rt. heel, bend Lt. knee forward lifting Lt. heel (knee pops)  
23&24 Rt. knee pop, Lt. knee pop, Rt. knee pop

### RT. SHUFFLE ¼ TURN RT., LEFT SHUFFLE ½ TURN LT., HEEL SWITCHES, TAP TOE SWIVEL HEEL

- 25&26 Turn ¼ to Rt. step Rt. forward, step Lt. to Rt., step Rt. forward  
27&28 Turn ½ to Lt. step Lt. forward, close Rt. to Lt., step Lt. forward  
29&30& Tap Rt. heel forward, replace Rt. foot, tap Lt. heel forward, replace Lt. foot  
31&32 Tap Rt. toe forward, with heel still lifted swivel heel out to Rt. on &, swivel back into centre on 32 (as if stubbing out a cigarette)
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