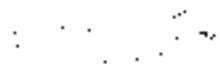




Approved by:



# One More Time

## 4 WALL - 32 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Side, Cross 1/4, Step, Cross 3/4, Forward Rock, Back, 1/2 Turn, 3/4 Spin, Side</b>		
1	Step right to right side.	Side	Right
2 & 3	Cross left over right. Make 1/4 turn left and step right back. Step left to left side.	Cross Turn Side	Turning left
4 &	Cross right over left. Make 1/4 turn right and step left back.	Cross Turn	Turning right
5	Make 1/2 turn right and step right forward. (6:00)	Turn	
6 & 7	Rock left forward. Recover back onto right. Step left back.	Forward Rock Step	Back
8 &	Make 1/2 turn right and step right forward. Hitch left knee and spin 3/4 turn right.	Turn Spin	Turning Right
1	Step left to left side. (9:00)	Side	On the spot
<b>Section 2</b>	<b>Night Club Basics, Full Spiral Turn, Walk x 2, Cross Rock, Side</b>		
2 & 3	Rock right back. Recover forward onto left. Step right to right side.	Back Rock Side	On the spot
4 & 5	Rock left back. Recover forward onto right. Step left forward	Back Rock Step	
&	<b>Optional</b> Full spiral turn right hooking right across left shin (weight on left).		
6 - 7	Step right forward. Step left forward.	Right Left	Forward
8 & 1	Cross rock right over left. Recover onto left. Step right to right side.	Cross Rock Side	On the spot
<b>Section 3</b>	<b>Behind, 1/4 Turn, Step, Behind, 1/2 Turn, Behind Side Cross Rock, Weave</b>		
2 &	Cross left behind right. Make 1/4 turn right and step right forward.	Behind Turn	Turning right
3	Step left to left side. (12:00)	Side	On the spot
4 &	Cross right behind left. Make 1/4 turn left and step left forward.	Behind Turn	Turning left
5	Make 1/4 turn left and step right to right side. (6:00)	Turn	
6 & 7	Cross left behind right. Step right to right side. Cross rock left over right.	Behind & Rock	Right
& 8 & 1	Recover onto right. Step left to left side. Cross right over left. Step left to side.	& Side Cross	
<b>Section 4</b>	<b>Back Rock, 1/2 Turn, Back Lock Step, 1/2 Turn, Step, 3/4 Spiral Turn</b>		
2 & 3	Rock right back. Recover onto left. Make 1/2 turn left and step right back. (12:00)	Back Rock Turn	Turning left
4 & 5	Step left back. Lock right across left. Step left back.	Back Lock Back	Back
6 - 7	Make 1/2 turn right and step right forward. Step left forward. (6:00)	Turn Step	Turning right
8	Make 3/4 turn right hooking right across left shin (weight on left). (3:00)	Spiral	

Choreographed by: William Brown (Scotland) August 2008

Choreographed to: 'Let Me Love You Tonight' by Phil Vassar (72 bpm)  
from CD Prayer Of A Common Man;  
also available as download from iTunes or tescodigital (8 count intro)



A video clip of this dance is available at  
[www.linedancermagazine.com](http://www.linedancermagazine.com)