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E-mail: admin@linedancermagazine.com

One Moment

32 count, 4 wall, intermediate level Choreographer: Maria Hennings Hunt (UK) Nov 2007 Choreographed to: Un Momnto Alla by Rick Trevino

Start on vocals

SIDE, CLOSE, SHUFFLE FORWARDS x 2

- Step left foot to side left, close RF to left foot 3&4 Shuffle forwards, stepping left, right, left
- 5-6 Step right foot to side right, close LF to right foot
- Shuffle forwards stepping right, left, right 7&8

FORWARD ROCK, BACK LOCK STEP

- Rock forward on left, rock back on right
- 3&4 Step LF behind right, lock RF in front, step LF back

1/2 TURN RIGHT, RONDE INTO JAZZ BOX

- Turn ½ turn right stepping forward onto RF, sweep LF over right
- 3-4 Step RF back, step left foot to left side

WEAVE LEFT, BEHIND SIDE CROSS

- Cross RF over left, step LF to side 1-2
- 3&4 Cross RF behind, step LF to side, cross RF over left

SWAY TO LEFT, BEHIND SIDE CROSS

- 1-2 Rock step LF to side, swaying hips, replace weight on RF
- 3&4 Step LF behind, step right foot to side, cross LF over right

ROCK/SWAY RIGHT X 2 WITH 1/4 TURN TO LEFT

- 1-2 Rock right foot to side, swaying hips and turning 1/8 to left
- 3-4 Rock right foot to side, swaying hips and turning 1/8 To left

ROCK & REPLACE, DRAG

- Rock RF over LF, rock weight back on LF 1-2
- 3-4 Step large step on RF to side right, drag LF to RF (no weight)

ALTERNATIVE ENDING FAST - ROCK & REPLACE (x 2)

- Rock RF over left, replace weight on LF, rock RF to side right 1&2
- &3&4 Rock onto LF, rock RF over left, replace weight on LF, rock RF to side right, weight ends on **RIGHT**