

One Man Woman

68 Count, 4 Wall, Intermediate. WCS

Choreographer: Maryloo (FR) March 2010

Choreographed to: One Man Woman by The Judds,

CD: River of Time (120 bpm)

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- 1 SIDE TOUCH, RECOVER, MODIFIED MONTEREY TURN ¼ RIGHT, SPIN TO LEFT WITH SWEEP (FULL TURN)**
- 1.2 Point left to side, step left together
3.4 Point right to side, turn ¼ right and step right together
5.6 Point left to side, drop left on place
7.8 Full turn: Spin on left to left with sweeping right foot
- 2 SIDE MAMBO (R.L.), COASTER STEP, SHUFFLE FORWARD**
- 1&2 Rock on right to side , recover on left, step right together
3&4 Rock on left to side, recover on right, step left together
5&6 Step right back, step left together, step right forward
7&8 Shuffle forward (L.R.L.)
- 3 STEP RIGHT TO SIDE, HOLD, TOGETHER ,STEP RIGHT TO SIDE, HOLD,CROSS ROCK, SAILOR ¼ TURN LEFT**
- 1.2 Step right to side, hold
&3.4 Step left next to right, step right to side, hold
5.6 Cross left over right, recover on right
7&8 ¼ turn left crossing left behind right, step right to right, step left slightly forward
- 4 TOUCH & BUMP, DROP, ½ TURN LEFT , TOUCH & BUMP , DROP , KICK BALL STEPS (2X)**
- 1.2 Touch right toe forward bumping right hip forward , drop right in place
3.4 ½ turn left touch left toe forward bumping left hip forward, drop left in place
5&6 Kick right forward, step back on ball of right, step left forward
7&8 Kick right forward, step back on ball of right, step left forward
- 5 ROCKING CHAIR , PIVOT ½ TURN LEFT, SHUFFLE FORWARD,**
- 1.2 Rock forward right, recover on left
3.4 Rock back right, recover on left
5.6 Step right forward, ½ turn left (weight on left)
7&8 Shuffle forward (R.L.R.)
- 6 FULL TURN, SHUFFLE FORWARD, SIDE MAMBO (R.L.),**
- 1.2 Turn ½ right stepping left back , turn ½ right stepping right forward
3&4 Shuffle forward (L.R.L.)
5&6 Rock right to side, recover on left, step right next to left
7&8 Rock left to side , recover on right, step left next to right,
- 7 JAZZ BOX , JAZZ BOX 1/4 TURN RIGHT,**
- 1.2 Cross right over left, step left back
3.4 Step right to right, step left next to right
5.6 Cross right over left, ¼ turn to right stepping left back
7.8 Step right to right, step left next to right
- 8 VAUDEVILLES STEPS (R.L.), DIAGONAL HEEL SWITCHES BACKWARD**
- 1&2& Cross right over left, step left to side, touch right heel diagonally forward, step right back to place
3&4 Cross left over right, step right to side, touch left heel diagonally forward ,
&5 Step left back, touch right heel diagonally forward
&6 Step right back, touch left heel diagonally forward,
&7 Step left back, touch right heel diagonally forward
&8 Step right back, step left heel diagonally forward
&1.4 Step left next to right ,swivel both heels to left, swivel both toes to the left, swivel both heels to left, swivel both toes to the left
- TAG :** After the 1st wall MONTEREY TURNS TWICE
- 1.2 Touch left toe to left side, step left next to right, 3.4 Touch right toe to right side, make a ½ turn right on ball of left stepping right next to left
5.6 Touch left toe to left side, step left next to right,
7.8 Touch right toe to right side, make a ½ turn right on ball of left stepping right next to left
&... 1 Make a 1/2 turn right on ball of right and point left toe to side (1 is the 1st step of the beginning)
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