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## One Little Word

32 count, 2 wall, beginner/intermediate level  
Choreographer: Betty McNeill (Sco) May 02  
Choreographed to: Saying Sorry by the Borderers  
(Inspired CD)

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### STEP HOLD/SAILOR/HOLD/SAILOR ¼ TURN R

1 2 3 & 4 Step R to R side- hold 1 beat – Step LF behind RF – step RF to R side – step LF to L side  
5 6 7 Hold 1 count – step RF behind LF – step LF to side – step RF to R making ¼ turn R

### L LOCK STEP/SIDE ROCK/TRIPLE IN PLACE/SIDE ROCK L

8 & 1 2 3 Step LF –lock RF behind LF- step forward LF - Rock RF to R side and replace weight onto LF  
4 & 5 6 7 Triple in place (RLR)- rock L to L side and replace weight onto RF

### COASTER L / ½ PIVOT STEP/ LOCK STEP R

8 & 1 2 3 Step back on LF –step RF next to LF – step forward on LF, ½ pivot R then step forward onto LF  
4 & 5 6 7 Step forward RF- lock LF behind RF – step forward onto RF – rock forward onto LF then replace weight back onto RF

### LOCK STEP BACK/ROCKS/SHUFFLE ½ TURN R /TOUCH WITH ¼ TURN

8 & 1 2 3 Step back onto LF – lock RF in front of LF – step back onto LF – rock back onto RF –  
replace weight onto RF  
4 & 5 6 7 Shuffle ½ turn to R – step onto LF making ¼ turn R – touch RF to LF  
\*take two quick steps to R side(RL)

\* The last two counts together with the 1st count dance as a chasse