



## One In A Million

68 count, 2 wall, Intermediate level

Choreographer : Shelley Lindsay (UK) April 2001  
Choreographed to : One In A Million by Bosson (Miss  
Congeniality Soundtrack); Love Must Be Telling Me  
Something by LeAnn Rimes (I Need You album)

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Start the dance when he starts singing (32 counts from the start of the music)

### THE DANCE

#### Heel switches, touch right back, kick forward, syncopated jazz box, hip sways

- 1 & Dig right heel forward, step right foot in place
- 2 & Dig left heel forward, step left foot in place
- 3 - 4 Touch right toes in place, kick right foot forward and diagonally right
- 5 & 6 Cross right over left, step back on left, step right foot to side
- 7 - 8 Sway hips left, sway hips right

#### Step cross, rock left, rock right, cross shuffle right, rock right, 1 ¼ turn to left

- & 1 Step left back, cross right over left
- 2 - 3 Rock out to left, rock right
- 4 & 5 Cross left over right, step right out to side, cross left over right
- 6 - 7 Rock out to right, ¼ turn left as you step on to left
- 8 & ½ turn as you step back on right, ½ turn as you step forward on left

Option for counts 8 &: Turn ¼ to the left as you step forward on your right (8), step forward on left (&)

#### Right shuffle, left shuffle, ronde right, mash potato steps

- 1 & 2 Step forward on right, step left next to right instep, step forward on right
- 3 & 4 Step forward on left, step right next to left instep, step forward on left
- 5 "Sweep" right foot out then forward and touch forward
- 6 Step right back and behind left (right toes pointing out and left heel in right foot instep)
- & Step left beside right (toes on both feet pointing in, feet slightly apart)
- 7 Step left behind right (left toes pointing out and right heel in left instep)
- & Step right beside left (toes on both feet pointing in, feet slightly apart)
- 8 Step right back and behind left (right toes pointing out and left heel in right instep)

Option for counts 6-8: Walk back right (6), left (7), right (8)

#### Coaster back, rock and turn, left shuffle forward, rock back, rock forward

- 1 & 2 Step left back, step right next to left, step forward on left
- 3 & 4 Rock to side on right, ¼ turn to left as you step forward on left, step right next to left
- 5 & 6 Step forward on left, step right next to left instep, step forward on left
- 7 - 8 Rock back on right, rock forward on left

### THE BRIDGE

The bridge is danced once at the end of the 8th wall (facing the back), on the wall before, the music will lose its beat - so you will know that it is coming up!

DON'T PANIC! Even though the bridge is longer than the dance, most of the counts are holds and it fits perfectly to the music as each arm movement hits the breaks in the music.

#### Jazz jump, hold, look up, hold

- & 1 Jazz jump (right, left) feet apart. Head down, arms by side with fingers stretched out and palms facing behind.
- 2- 4 Hold
- 5 Head up (optional: change position of hands to table top position)
- 6-8 Hold

#### Bent right arm in front, lunge to right, stretch left arm up

- 9 Bend right arm at elbow, fist hand and position in front of your chest but away from your body, leave feet in jazz jump position.
- 10-15 Bend right knee, keeping left leg straight, lunge to the right, keep right arm in front of chest. Straighten leg.
- 16 Stretch left arm up, keep right in front of chest

**Bend left arm, dive, cross wrists, push arms up, "V" shape, hold**

- & Bend left arm at elbow, keeping vertical in the air
- 17 "Dive" left arm between the gap in your body and your right arm, so wrists are crossed
- 18-20 Push both arms out keeping wrists crossed as you lift them up vertically
- 21 Open arms out in a "V" shape
- 22-24 Hold

**Arms to sides, hold, bent arm over head, hold, left hand "pushes" down to sit position, body roll**

- 25 Push arms vertically to the sides, hands in the "Stop" position
- 26 Hold
- 27 Bend right elbow and position hand over your head (but slightly in front of it) and position hand so palm is facing the floor
- 28 Hold
- 29 Bring left hand over the right hand
- 30 Push both hands down in front of your body as you bend your knees, keeping your back straight. Your legs should still be apart so you end up in a "sit" position
- 31-35 Snake roll, boy roll or hip roll, bringing your feet together
- 36 Transfer weight on to left in preparation to start the dance again.