

## One For The Road

32 count, 4 wall, beginner/intermediate level  
Choreographer: Robbie McGowan Hickie (UK)  
Dec 2004

Choreographed to: Just One More Time by The  
Derailers (90 bpm)

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### **FORWARD ROCK & POINT, BEHIND, SIDE, STEP FORWARD (LEFT & RIGHT)**

- 1&2 Rock forward on left, rock back on right, point left toe out to left side
- 3&4 Cross left behind right, step right to right side, step forward on left
- 5&6 Rock forward on right, rock back on left, point right toe out to right side
- 7&8 Cross right behind left, step left to left side, step forward on right

### **LEFT MAMBO FORWARD, RIGHT LOCK STEP BACK, LEFT COASTER STEP, TOE STRUTS FORWARD (RIGHT & LEFT)**

- 1&2 Rock forward on left, rock back on right, step back on left
- 3&4 Step back on right, lock left across right, step back on right
- 5&6 Step back on left, step right beside left, step forward on left
- 7& Step forward on right toe, drop right heel to floor
- 8& Step forward on left toe, drop left heel to floor

### **STEP, PIVOT ¼ TURN LEFT, CROSS, CHASSE LEFT, CROSS ROCK & SIDE RIGHT, CROSS ROCK & SIDE LEFT**

- 1&2 Step forward on right, pivot ¼ turn left, cross step right over left, (facing 9:00)
- 3&4 Step left to left side, close right beside left, step left to left side
- 5&6 Cross rock right over left, rock back on left, step right to right side
- 7&8 Cross rock left over right, rock back on right, step left to left side

### **STEP, PIVOT ½ TURN LEFT, TOUCH, RIGHT LOCK STEP FORWARD, STEP, FULL TURN RIGHT, RIGHT COASTER STEP**

- 1&2 Step forward on right, pivot ½ turn left, touch right toe beside left
  - 3&4 Step forward on right, lock left behind right, step forward on right
  - 5&6 Step forward on left, pivot ½ turn right, turn ½ turn right stepping back on left
  - 7&8 Step back on right, step left beside right, step forward on right, (facing 3:00)
  - Easier option
  - 5&6 Left mambo forward
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