



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

One Eight-Hundred

32 count, 4 wall, beginner level

Choreographer: Jim Cone (USA) Dec 2004

Choreographed to: 1-800 I'm A Fool by K.C. Williams

16 count intro

1- 4 Forward Rock, Back Rock

Step forward on right, rock back on left,
Step back on right, rock forward on left

5- 8 Step Hitch, Step Hitch

Step forward on right, hitch left knee
Step forward on left, hitch right knee

1- 4 Forward Rock, Back Rock

Step forward on right, rock back on left,
Step back on right, rock forward on left

5- 8 Step Hitch, Step Hitch

Step forward on right, hitch left knee
Step forward on left, hitch right knee

1- 4 Back 2-3 Hitch

Step back right, step back left, step back right and hitch left knee

5-8 Back 2-3 Stamp

Step back left, step back right and step back left, stamp right (Stomp without weight change)

1- 4 Vine Right Behind Right, Scuff

Step right, cross left behind right, step right and scuff left beside right

5- 8 Vine Left Behind ¼ Turn, Scuff

Step left, cross right behind left, step ¼ turn left and scuff right beside left

Begin Again!

(As a variation try scooting and /or clapping on the hitches)