

## One Day

32 Count, 4 Wall, Improver

Choreographer: Edith de Groot (NL) Nov 2012

Choreographed to: One Day by Reckoning

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### intro: 64 count

#### **S1 R-rockstep, R-coasterstep, L-rockstep, ½ turn L shuffle**

1-2 RF rockstep, recover

3&4 R-coasterstep

5-6 L-rockstep, recover

7&8 L-shuffle with ½ turn L

#### **S2 R-side rock, recover, R-cross shuffle, L-side, behind, ¼ turn L-shuffle**

1-2 R-side rock, recover

3&4 R-cross shuffle

5-6 LF side L, RF cross behind

7&8 L-shuffle with ¼ turn L

#### **S3 R-pivot turn, R-mambostep, rockstep L, recover, behind, side, cross**

1-2 RF step forw, ½ turn L

3&4 R-mambostep forw

5-6 L-rockstep, recover

7&8 LF cross behind, RF step R, LV cross over RF

#### **S4 R-side rock, recover, R-cross shuffle, ¼ turn R x2, L-mambostep forw**

1-2 R-side rock, recover

3&4 R-cross shuffle

5-6 ¼ turn R LF step back, ¼ turn R RF step R

7&8 L-mambostep forw

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