

## One & One

64 Count, 4 Wall, Intermediate

Choreographer: Lars Kuif (NL) July 2014

Choreographed to: One & One by Edyta Corniak (122 bpm)

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### Start after 32 counts (fast beat)

#### 1 – 8 R Side Rock, Recover, R Cross Shuffle, Vine L

1 – 2 Rock R to side, recover to L

3 & 4 Step R across L, step L to side, step R across L

5 – 8 Step L to side, step R back, step L to side, step R across L {12:00}

#### 9 – 16 L Side Rock, Recover, ¼ Sailor Turn L, R Step Fwd., L Point, L Kick-Ball-Point

1 – 2 Rock L to side, recover to R

3 & 4 ¼ turn L stepping L back, step R to side, step L to side

5 – 6 Step R fwd., point L to side

7 & 8 Kick L fwd., step L next to R, point R to side {09:00}

#### 17 – 24 R Step Across L, L Step Back, ½ Shuffle Turn R, L Step Fwd., ¼ Turn R, L Cross Shuffle

1 – 2 Step R across L, step L back

3 & 4 ¼ turn R stepping R to side, step L next to R, ¼ turn R stepping R fwd.

5 – 6 Step L fwd., ¼ turn R changing weight to R

7 & 8 Step L across R, step R to side, step L across R {06:00}

#### 25 – 32 R Side Rock, Recover, R Step Behind L, ¼ Turn L, L Step Fwd., R Rock Fwd., Recover, R Coaster Step Back

1 – 2 Rock R to side, recover to L

3 – 4 Step R behind L, ¼ turn L stepping L fwd.

5 – 6 Rock R fwd., recover to L

7 & 8 Step R back, step L next to R, step R fwd. {03:00}

#### 33 – 40 Figure Of Eight L

1 – 4 Step L to side, step R behind R, ¼ turn L stepping L fwd., step R fwd.

5 – 8 ¾ turn L (weight to L), step R to side, step L behind R, ¼ turn R stepping R fwd. {06:00}

#### 41 – 48 L Side Step, Together, L Shuffle Fwd., R Side Step, Together, R Shuffle Fwd.

1 – 2 Step L to side, step R next to L

3 & 4 Step L fwd., step R next to L, step L fwd.

5 – 6 Step R to side, step L next to R

7 & 8 Step R fwd., step L next to R, step R fwd. {06:00}

#### 49 – 56 L Rock Fwd., Recover, Sailor Step Back (L + R), L Rock Back, Recover

1 – 2 Rock L fwd., recover to R

3 & 4 Step L behind R, step R to side, step L to side

5 & 6 Step R behind L, step L to side, step R to side

7 – 8 Rock L back, recover to R {06:00}

#### 57 – 64 ¼ Turn R, L Side Step, Hold, Together, L Side Step, R Touch, Rolling Vine R, Step L Across R

1 – 2 ¼ turn R stepping L to side, hold

&3 – 4 Step R next to L, step L to side, touch R next to L

5 – 7 ¼ turn R stepping R fwd., ½ R stepping L back, ¼ R stepping R to side

8 Step L across R {09:00}

### Begin again and have fun!