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Once In A Lifetime

32 count, 4 wall with tag, intermediate level
Choreographer: Nancy A. Morgan (USA) May 05
Choreographed to: One in a Million (Dance Mix) by
Bossom; CD: Miss Congeniality; BPM:120;
I Just Want to Dance with You by George Strait, CD: One
Step at a Time; Country: I Got My Baby by Faith Hill, CD:
Breathe;

Start: Count 8 when music picks up speed
For Country - Do Not Use Tag! No Phrasing:

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, ½ TURN PIVOT, SKATE, SKATE

1&2 Step Right to Right side as you lift Left slightly off floor, Set Left foot down, Step Right next to Left
3&4 Step Left to Left side as you lift Right slightly off floor, Set Right foot down, Step Left next to Right
5,6 Step forward on Right, Pivot ½ turn to Left (Weight is on Left)
7,8 (Small Skates) - Slide Right foot forward in the shape of a "C" skating to Right, Repeat with Left
(but a backwards "C" going to Left)

RIGHT SIDE MAMBO, LEFT SIDE MAMBO, RIGHT FORWARD MAMBO WITH ½ TURN, LEFT MAMBO

1&2 Rock/Step Right foot to Right side, Rock back on Left, Step Right next to Left
3&4 Rock/Step Left foot to Left side, Rock back on Right, Step Left next to Right
5&6 Step forward on Right, back on Left as you turn ¼ turn to your Right, Step forward on Right as you
turn ¼ turn to your Right
7&8 Step forward on Left, back on Right, step Left next to Right

TWO SMALL SHUFFLES FORWARD, HEEL AND HEEL AND STEP, ¼ TURN

1&2 Shuffle Forward (Small steps) - Right, Left, Right
3&4 Shuffle Forward (Small Steps) - Left, Right, Left
5&6 Put Right heel forward, put Right next to Left, Put Left heel forward
&7,8 Put Left next to Right, Step forward on Right, Pivot ¼ turn to Left (Weight is on Left)

2 SAILOR SHUFFLES, RIGHT FORWARD MAMBO ½ TURN, LEFT FORWARD MAMBO

1&2 Sailor Shuffle - Put Right behind Left, step Left to Left side, step Right foot to right and slightly forward
3&4 Sailor Shuffle - Put Left behind Right, step Right to Right side, step Left foot to Left and slightly forward
5&6 Step forward on Right, back on Left as you turn ¼ turn to your Right, Step forward on Right as you turn ¼
turn to your Right
7&8 Left Forward Mambo - Rock/Step forward on Left, back on Right, step Left next to Right

START OVER

TAG Note: The music slows up when you are starting the dance..Finish dance then do the following for the Break:

STOMP RIGHT - HOLD 3, STOMP LEFT - HOLD 3, STOMP RIGHT - HOLD 3, STEP LEFT - HOLD, ½ TURN, WALK, WALK

1,2,3,4 Stomp Right foot to Right Side then hold for 3 counts
5,6,7,8 Stomp Left foot next to Right then hold for 3 counts
1,2,3,4 Stomp Right foot Right Side then hold for 3 counts
5,6,7&8 Step Left foot forward, Hold, pivot ½ turn to Right, Left, Right

STOMP LEFT, HOLD 3, STOMP RIGHT, HOLD 3, STOMP LEFT TWICE, STOMP RIGHT TWICE, FORWARD ROCK, COASTER STEP

1,2,3,4 Stomp Left foot to Left side then hold for 3 counts
5,6,7,8 Stomp Right foot next to Left then hold for 3 counts
1,2,3,4 Stomp Left twice, Stomp Right twice
5,6 Forward rock on Left and back on Right
7&8 Coaster Step - Step Back on Left, back on Right, and forward on Left

2 ½ TURN PIVOTS

1,2 Step forward on Right, pivot ½ turn to Left
1,2 Step forward on Right, pivot ½ turn to Left
