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## On Your Knees

64 Count, 3 Wall, Int/Advanced
Choreographer: Jannie Tofte Andersen, \& Kirsten Matthiessen (DK) Aug 2013
Choreographed to: Don’t Hurt Me This Way by Lukas Graham. (iTunes)

Intro: 4 count intro (app. 3 sec. into track) - (You never dance the back wall)
1-8 Ball cross, $1 / 4 \mathrm{~L}$, step turn step, ball rock, coaster cross
\&1-2 Step $L$ next to $R$, cross $R$ over $L$, step $1 / 4 L$ stepping $L$ fw 09:00
3\&4 Step R fw, turn $1 / 2 L$ stepping onto $L$, step $R$ fw 03:00
\&5-6 Step $L$ next to $R$, rock $R$ fw, recover onto $L$ 03:00
7\&8 Step R back, step L next to R, cross R over L 03:00
9-16 Side rock, behind side cross, point, rolling vine, slide
1-2 Rock $L$ to $L$ side, recover onte $R$ (to help yourself, grind $L$ heel when recovering) 03:00
3\&4 Cross $L$ behind $R$, step $R$ to $R$ side, cross $L$ over R 03:00
$5 \quad$ Point $R$ to $R$ side and prep body towards $L$ 03:00
6\&7-8 Turn $1 / 4 R$ stepping $R$ fw, turn $1 / 2 R$ stepping $L$ back, turn $1 / 4 R$ stepping $R$ big step to $R$, slide $L$ towards R 03:00

17-24 Ball cross, $1 / 4 R$, shuffle $1 / 2 R$, mambo step, ball slide
\&1-2 Step $L$ next to $R$, cross $R$ over $L$, turn $1 / 4 R$ stepping $L$ back 06:00
3\&4 Turn $1 / 4 R$ stepping $R$ to $R$ side, step $L$ next to $R$, turn $1 / 4 R$ stepping $R$ fw 12:00
5\&6 Rock L fw, recover onto R, step L back 12:00
\&7-8 Step $R$ next to $L$, step $L$ big step back sliding $R$ towards $L$, step $R$ next $L$ 12:00
25-33 Monterey $1 / 4 \mathrm{~L}$, kick step rock step, diagonal step touches x3, kick ball cross
1\&2\& Point $L$ to $L$ side, turn $1 / 4 L$ stepping $L$ next $R$, point $R$ to $R$ side, step $R$ next to $L$ 09:00
3\&4\& Kick L fw, cross L over R, rock R back, recover onto L 09:00
5\& Step R fw diagonally $R$, touch $L$ next to $R$ 09:00
6\& Step $L$ fw diagonally $L$, touch $R$ next to $L$ 09:00
7\& Step $R$ fw diagonally $R$, touch $L$ next to $R$
On counts 5-7\&:When stepping fw pop both knees out, when collecting return knees to centre 09:00
8\&1 Kick L fw diagonally L, step L next to R, cross R over L 09:00
Restart here on wall 2:The end of your kick ball cross will become your first count

## 34-41 Back side, jazz box, jazz box $1 / 2$ R, step lock step

2-3 Step $L$ back, step $R$ to $R$ side 09:00
\&4\& Cross L over R, step R back, step L back diagonally L 09:00
5-7 Cross R over $L$, step $L$ back, turn $1 / 2 R$ stepping $R$ fw 03:00
8\&1 Step L fw, lock R behind L, step L fw 03:00
42-49 Rock step, out out ball cross, $1 / 4 \mathrm{~L}$, side, cross turn turn $\mathbf{R}$
2-3 Rock R fw, recover onto L 03:00
\&4\&5 Step R to R side, step L to L side, step R next to L, cross L over R 03:00
6-7 Turn $1 / 4 L$ stepping $R$ back, step $L$ to $L$ side 12:00
8\&1 Cross $R$ over $L$, turn $1 / 4 R$ stepping $L$ back, turn $1 / 4 R$ rocking $R$ to $R$ side 06:00
50-56 Recover, cross behind, ball cross shuffle, side rock, behind side
2-3 Recover onto L, cross R behind L 06:00
\&4\&5 Step L next to R, cross R over L, step L small step L, cross R over L 06:00
6-7 Rock $L$ to $L$ side, recover onto R 06:00
8\& Cross $L$ behind R, step R to R side 06:00
57-64 Rock step, ball rock step, ball jazz box cross, kick ball cross
1-2\& Rock L fw, recover onto R, step L next to R 06:00
3-4\& Rock R fw, recover onto L, step R next to L 06:00
5-6\&7 Cross $L$ over R, turn $1 / 4 L$ stepping $R$ back, step $L$ small step to $L$, cross R over $L$ 03:00
8\&1 Kick L fw diagonally L, step L next to R, cross R over L 03:00
The end of your kick ball cross will become your first count
Tag: After wall 4 facing 6:00
(1)-2-3-4 (Cross R over L), step L back, turn $1 / 4 R$ stepping $R$ to $R$ side, kick $L$ fw diagonally $L$ 09:00

