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On Your Knees

64 Count, 3 Wall, Int/Advanced

Choreographer: Jannie Tofte Andersen, & Kirsten Matthiessen

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Choreographed to: Don't Hurt Me This Way by Lukas Graham.

(iTunes)

Intro: 4 count intro (app. 3 sec. into track) - (You never dance the back wall)

1-8 &1-2 3&4 &5-6 7&8	Ball cross, ¼ L, step turn step, ball rock, coaster cross Step L next to R, cross R over L, step ¼ L stepping L fw 09:00 Step R fw, turn ½ L stepping onto L, step R fw 03:00 Step L next to R, rock R fw, recover onto L 03:00 Step R back, step L next to R, cross R over L 03:00
9-16 1-2 3&4 5 6&7-8	Side rock, behind side cross, point, rolling vine, slide Rock L to L side, recover onte R (to help yourself, grind L heel when recovering) 03:00 Cross L behind R, step R to R side, cross L over R 03:00 Point R to R side and prep body towards L 03:00 Turn ¼ R stepping R fw, turn ½ R stepping L back, turn ¼ R stepping R big step to R, slide L towards R 03:00
17-24 &1-2 3&4 5&6 &7-8	Ball cross, ¼ R, shuffle ½ R, mambo step, ball slide Step L next to R, cross R over L, turn ¼ R stepping L back 06:00 Turn ¼ R stepping R to R side, step L next to R, turn ¼ R stepping R fw 12:00 Rock L fw, recover onto R, step L back 12:00 Step R next to L, step L big step back sliding R towards L, step R next L 12:00
8&1	Monterey ¼ L, kick step rock step, diagonal step touches x3, kick ball cross Point L to L side, turn ¼ L stepping L next R, point R to R side, step R next to L 09:00 Kick L fw, cross L over R, rock R back, recover onto L 09:00 Step R fw diagonally R, touch L next to R 09:00 Step L fw diagonally L, touch R next to L 09:00 Step R fw diagonally R, touch L next to R nts 5-7&:When stepping fw pop both knees out, when collecting return knees to centre 09:00 Kick L fw diagonally L, step L next to R, cross R over L 09:00 here on wall 2:The end of your kick ball cross will become your first count
34-41 2-3 &4& 5-7 8&1	Back side, jazz box, jazz box ½ R, step lock step Step L back, step R to R side 09:00 Cross L over R, step R back, step L back diagonally L 09:00 Cross R over L, step L back, turn ½ R stepping R fw 03:00 Step L fw, lock R behind L, step L fw 03:00
42-49 2-3 &4&5 6-7 8&1	Rock step, out out ball cross, ¼ L, side, cross turn turn R Rock R fw, recover onto L 03:00 Step R to R side, step L to L side, step R next to L, cross L over R 03:00 Turn ¼ L stepping R back, step L to L side 12:00 Cross R over L, turn ¼ R stepping L back, turn ¼ R rocking R to R side 06:00
50-56 2-3 &4&5 6-7 8&	Recover, cross behind, ball cross shuffle, side rock, behind side Recover onto L, cross R behind L 06:00 Step L next to R, cross R over L, step L small step L, cross R over L 06:00 Rock L to L side, recover onto R 06:00 Cross L behind R, step R to R side 06:00
57-64 1-2& 3-4& 5-6&7 8&1	Rock step, ball rock step, ball jazz box cross, kick ball cross Rock L fw, recover onto R, step L next to R 06:00 Rock R fw, recover onto L, step R next to L 06:00 Cross L over R, turn ¼ L stepping R back, step L small step to L, cross R over L 03:00 Kick L fw diagonally L, step L next to R, cross R over L 03:00 The end of your kick ball cross will become your first count

Tag: After wall 4 facing 6:00

(1)-2-3-4 (Cross R over L), step L back, turn 1/4 R stepping R to R side, kick L fw diagonally L 09:00