

HEEL TAPS, SWIVELS, KICK

- 1 - 2 Tap left heel down twice (toes stay on ground)
3 - 4 Swivel heels left and tap right heel down twice
5 - 7 Swivel heels right-left-right
8 Kick right foot out at a 45 degree angle

TURNS, STOMPS

- 9 Turn 1/2 left on ball of left placing right foot beside left
10 - 11 Kick left foot out at a 45 degree angle, step left beside right
12 Kick right foot out at a 45 degree angle
13 Turn 1/2 to right (backwards) bring right beside left
14 - 16 Stomp left, stomp right, clap

HEEL TAPS, HIP ROLLS

- 17 - 20 Bend knees and tap both heels down four times
21 - 24 Roll hips right-left-right-left (to the left)

SHUFFLES, TURNS

- 25 & 26 Shuffle right-left-right (moving right)
27 & 28 Shuffle left-right-left turning a full circle (still moving right)
29 - 30 Rock right back, rock left forward
31 & 32 Shuffle right-left-right turning a full circle (moving left)
33 & 34 Shuffle left-right-left (still moving left)
35 - 36 Rock right straight back, rock left forward

"FLY LIKE A BIRD" STEPS

- 37 - 38 Step right forward turning 1/4 left bumping hip right-left
39 - 40 Pivot 1/4 turn right on balls of both feet, clap
41 - 42 Step left forward turning 1/4 left bumping hip left-right
43 - 44 Pivot 1/4 turn left on balls of both feet, clap

KICK, ROCK STEPS, SHIMMIES

- 45 & 46 Kick right forward, step on right, step on left turning 1/4
47 & 48 Kick right forward, step on right, step on left
49 - 50 Shimmy right shoulder forward at 45 degree angle
51 - 52 Shimmy left shoulder back at 45 degree angle

SAILOR SHUFFLES BACK

- 53 & 54 Step right behind left, step left beside right, step right beside left
55 & 56 Step left behind right, step right beside left, step left beside right

FORWARD SHUFFLE, TURN, ROCKS, STOMPS

- 57 & 58 Shuffle right forward (right-left-right)
59 & 60 Shuffle left forward (left-right-left) turning 1/2 turn right
61 - 62 Rock right back, rock left forward
63 - 64 Stomp right, stomp left ending with toes pointing left

REPEAT