



Old Age

Script approved by



Johnny 2-Step

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Side, Back Rock, Side, Back Rock, 1/4 Turn, Back Rock, 1/2 Turn.		
1 - 2 &	Step right to right side. Rock left back. Recover onto right.	Side, Back Rock	Right
3 - 4 &	Step left to left side. Rock right back. Recover onto left.	Side, Back Rock	Left
5 - 6 &	Turn 1/4 left stepping right back. Rock left back. Recover onto right.	Turn, Back Rock	Turning left
7 - 8 &	Turn 1/2 right stepping left back. Rock right back. Recover onto left.	Turn, Back Rock	Turning right
Section 2	Toe Touches, Full Triple Turn, Toe Touches, Full Triple Turn.		
1 - 2	Touch right forward across left. Touch right to right side.	Front Side	On the spot
3 & 4	Make full triple turn right on the spot stepping Right, Left, Right.	Triple Turn	Turning right
5 - 6	Touch left forward across right. Touch left to left side.	Front Side	On the spot
7 & 8	Make full triple turn left on the spot stepping Left, Right, Left.	Triple Turn	Turning left
Section 3	Step, 1/2 Turns x2, Rock Step, Lock Back, Step Lock Back, Back Rock.		
1	Step right forward.	Step	Forward
2 &	Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward.	Turn &	Turning right
3 - 4 &	Rock left forward. Recover onto right. Lock left across right.	Rock, Back Lock	
5 - 6 &	Step right back. Step left back. Lock right across left.	Back, Back Lock	Back
7 - 8 &	Step left back. Rock right back. Recover onto left.	Back, Back Rock	
Restart:-	During 3rd Wall, restart dance from beginning at this point.		
Section 4	Step, Side Rock, Cross, Full Turn, Side Rock, Left Weave.		
1 - 2 &	Step right forward. Rock left to left side. Recover onto right.	Step, Side Rock	Forward
3 - 4	Cross left over right. Turn 1/4 left stepping right back.	Cross Turn	Turning left
&	Turn 3/4 left stepping left forward.	&	
5 - 6	Rock right to right side. Recover onto left.	Side Rock	On the spot
7 &	Cross right behind left. Step left to left side.	Behind &	Left
8 &	Cross right over left. Step left to left side.	Cross &	

INTERMEDIATE

4 Wall Line Dance:- 32 Counts. Intermediate.

Choreographed by:- Johnny 2-Step (UK) April 2005.

Choreographed to:- 'Old Age Remix' (68 bpm) by Glenn Rogers from 'Outrageous In The Sun' CD, 10 count intro.

Note:- There is a restart during the 3rd Wall at the end of section 3.