

Old 45 South

48 count, 4 wall, intermediate/advanced level
Choreographer: Michael W. Diven (USA) April 2005
Choreographed to: Country So We Can by Forty 5
South

Step, ½ Turn, Shuffle, Scuff, Hitch, ½ Pivot, Sailor Step

- 1-2 Step forward on left foot, pivot ½ turn to the right (6:00)
- 3&4 Left shuffle forward
- 5&6 Scuff right foot forward while turning ½ turn to the left hitching the right foot, step forward on the right foot (12:00)
- 7&8 Left sailor step

Rock, Recover, Crossing Shuffle, Step, Pivot, Step, Pivot, Cross Step, Heel

- 1-2 Rock right to right side, recover weight back to left
- 3&4 Crossing shuffle to the left, stepping right over left, left to left side, right over left
- 5-6 Step back on left foot while turning ¼ turn to the right, step back on right foot while turning ½ turn to the right (9:00)
- 7&8 Cross step left over right, step right to right side, extend the left heel forward and slightly diagonal to the left

Step, ½ Turn Hitch, Right Shuffle, Cross Step, Unwind ¾ Turn Right, Sailor Step

- &1-2 Step back to the center on the left foot, cross right over left, unwind ¾ turn to the left (12:00)
- 3&4 Left sailor step
- 5-6 Rock right to the right side, recover weight back to the left foot
- 7&8 Right sailor step with a ½ turn to the right (6:00)

Cross Step, Unwind ¾ Turn, Coaster Step, Heel Switches

- 1-2 Cross left foot over right, unwind ¾ turn to the right (weight ends up on the left foot)
- 3&4 Right coaster step in place (3:00)
- 5&6&7&8& Touch left heel forward, right heel forward, left heel forward, right heel forward, step right back next to left foot

Step, Scuff, Hitch, ½ Turn, Coaster Step, Scuff, Hitch, Turn, Step, Step, Coaster Step

- 1&2& Step forward with the left foot, scuff and hitch the right foot while turning ½ turn to the left, step back on the right foot (9:00)
- 3&4 Left coaster step
- 5&6& Scuff and hitch the right foot while turning ½ turn to the left, step back on the right foot, step back on the left foot (3:00)
- 7&8 Right coaster step

Cross Step, Side Step, Sailor, Cross Step, Side Step, Turning Shuffle

- 1-2 Cross step left over right, step right to the right side
- 3&4 Left sailor step in place
- 5-6 Cross step right over left, step left to left side
- 7&8 Step back on right while turning ½ turn to the right, step left next to right, step right to right side (9:00)