

Oh Mama

The music for this dance (both tracks) was not so easily available at the beginning, but I'm pleased the tracks are easy to download from iTunes these days. I have NO hesitation in saying I still love the music "Mama". The "Short Fat Fannie" music gives the dance a totally different feel. The dance was fairly popular in some areas, but I can't deny I would have liked it to have done a little better.

2 WALL - 64 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1 1-2 3&4 5-6 7-8	Side Step, Slide, Chasse 1/4 Turn, Step, Pivot 3/4 Turn, Side Step, Touch Long step left to left side swaying hips left. Slide/drag right beside left (weight on left) Step right to right side. Close left beside right. Turn 1/4 right stepping forward on right Step forward on left. Pivot 3/4 turn right (weight on right) Long step left to left side swaying hips left. Slide/drag right beside left (weight on left)	Step Drag Chasse Turn Step Pivot Step Drag	Left Turning right Left
Section 2 1-2 3&4 5-6 7-8	Side Step, Slide, Chasse 1/4 Turn, Step, Pivot 3/4 Turn, Side Step, Touch Long step right to right side swaying hips right. Slide/drag left beside right (weight on right) Step left to left side. Close right beside left. Turn 1/4 left stepping forward on left Step forward on right. Pivot 3/4 turn left (weight on left). Long step right to right side swaying hips right. Slide/drag left beside right (weight on right)	Step Drag Chasse Turn Step Pivot Step Drag	Right Turning left Right
Section 3 1-2 3&4 5-6 7&8	Back Rock, Shuffle 1/2 Turn, Back Rock, Shuffle 1/2 Turn Rock back on left. Recover onto right (facing 12:00) Shuffle forward - Left, Right, Left turning 1/2 right Rock back on right. Recover onto left. Shuffle forward - Right, Left, Right turning 1/2 left (facing 12:00)	Rock Back Shuffle Turn Rock Back Shuffle Turn	On the spot Turning right On the spot Turning left
Section 4 1-2 3-4 5-6 7&8	Step Back, Touch, 1/4 Turn, Point, Cross, Side, Behind, Side, Cross Step back on left - upper body turned slightly left. Touch right toe across left and click fingers Turn 1/4 right stepping forward on right. Point left toe out to left side, (facing 3:00) Cross left over right. Step right to right side Cross left behind right. Step right to right side. Cross left over right.	Step Touch Turn Point Cross Side Behind Side	Back Turning right Right Cross
Section 5 1-2 3-4 5-6 7&8	Hip Sways, 1/4 Turn With Hook, Step, Lock, Forward Lock Step Step right to right side swaying hips right. Sway hips left Sway hips right. On ball of right turn 1/4 left hooking left heel across right shin Step forward on left. Lock right behind left Step forward on left. Lock right behind left. Step forward on left (facing 12:00)	Sway Sway Sway Turn Step Lock Step Lock	On the spot Turning left On the spot Step Forward
Section 6 1-2 3&4 5-6 7&8	Forward Rock, Triple Full Turn, Cross Rock, Chasse 1/4 Turn Rock forward on right. Recover onto right. Triple full turn right stepping Right, Left, Right Cross rock left over right. Recover onto right. Step left to left side. Close right beside left. Turn 1/4 left stepping forward on left	Rock Forward Triple Full Turn Cross Rock Chasse Turn	On the spot Turning right On the spot Turning right
Section 7 1-2 3&4 5-6 7&8	Cross, Back, Chasse 1/4 Turn, Cross, 1/4 Turn, Shuffle 1/2 Turn Cross right over left. Step back on left (facing 9:00) Turn 1/4 right stepping right to right side. Close left beside right. Step right to right side Cross left over right. Turn 1/4 left stepping back on right Shuffle back - Left, Right, Left turning 1/2 left (facing 3:00)	Cross Step Chasse Turn Cross Turn Shuffle Turn	On the spot Turning right Turning left
Section 8 1-2 3&4 5-6 7&8	Forward Rock, Lock Step Back, Touch Back, Reverse Pivot 1/2 Turn, Scissor 1/4 Turn Rock forward on right. Recover onto left. Step back on right. Cross left over right. Step back on right. Touch left toe back. Reverse pivot 1/2 turn left (weight on left) Turn 1/4 left rocking right to right side. Step left beside right. Cross right over left (6:00)	Rock Forward Step Lock Step Touch Turn Turn Scissor Step	On the spot Back Turning left

Choreographed by:

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UK
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Choreographed to:

Mama by Miko Marks (105 bpm from CD 'Freeway Bound' also available as a download from itunes & amazon.co.uk)

Alternative:

Short Fat Fannie by Men of Distinction (128 bpm from CD Anthology also available as a download from itunes & amazon.co.uk) (32 count intro)