

**TOE TOUCHES**

- 1,2 Touch right toe forward, touch right toe back  
3,4 Touch right toe forward, step right foot beside left  
5,6 Touch left toe forward, touch left toe back  
7,8 Touch left toe forward, step left foot beside right

**TOE TOUCHES FORWARD, BACK, FORWARD, SIDE, BACK, SIDE**

- 1 - 4 Touch right toe forward twice, toe back twice  
5,6 Touch right toe forward, touch right toe out to side  
7,8 Touch right toe back, touch right toe out to side

**CROSS STEPS AND KICKS (REFERRED TO AS "CREAM" IN HIP-HOP)**

- 1 Cross right foot over left foot. Leaning forward with step, cross arms with hands fisted  
2 Kick left foot out to side. Straighten up body and swing hands out to sides at approximately shoulder level  
3 Cross left foot over right. Leaning forward with step, cross arms with hands fisted  
4 Kick right foot out to side. Straighten up body and swing hands out to sides at approximately shoulder level  
5 - 8 Repeat last four steps

**MODIFIED SAILOR STEPS MOVING BACKWARD RIGHT, LEFT, RIGHT, LEFT**

- 1 & Step back on right foot crossing it behind left foot, step left foot to left (parallel to right)  
2 Stomp right foot to right  
3 & Step left foot behind right, step right foot to right  
4 Stomp left foot to left  
5 - 8 Repeat last four steps. Weight should end on left foot

**RIGHT KICK-BALL-CHANGE, ROCK-STEP, COASTER-STEP, 1/4 PIVOT TURN RIGHT WITH STOMP**

- 1 & 2 Kick right foot forward, step ball of right foot beside left, step left foot in place  
3,4 Rock forward on right foot, recover weight on left  
5 & 6 Step back on right foot, step ball of left foot beside right, step right foot forward  
7,8 Stomp forward on left foot (optional: clap with stomp), pivot 1/4 turn to right

**HEEL SWIVELS (RIGHT, LEFT,)(RIGHT, LEFT, RIGHT WITH 1/4 TURN LEFT, 1/2 PIVOT TURN, STEP, TOUCH**

- 1,2 Slide heels to right, slide heels to left  
3 & 4 Slide heels right, left, slide heels to right turning 1/4 to left (now facing starting wall)  
5,6 Step forward on ball of right foot, pivot 1/2 turn to left transfer weight to left foot  
7,8 Step forward on right foot, touch left foot beside right

**SYNCOPATED VINE LEFT, SLIDE, SYNCOPATED VINE RIGHT, SLIDE**

- 1,2 & Step left foot to left, right steps behind, step left foot to left  
3,4 Right steps to right, slide or drag left foot beside right (taking weight on left)  
5,6 & Right steps to right, left foot steps behind, right steps to right  
7,8 Step left foot to left, slide or drag right foot beside left. (do not take weight here!)

**1/2 MONTEREY TURN RIGHT, HEEL SPLIT, STEP BACK LEFT, RIGHT, STEP LEFT TURNING 1/4 LEFT**

- 1,2 Touch right toe out to side, pivot 1/2 to right on ball of left closing right beside left  
3,4 Touch left toe out to side, step left foot beside right  
5,6 Slide heels apart, return  
7 & 8 Step back on left foot, step back on right, step back on left foot turning 1/4 to left

**REPEAT**

**/On counts 17-24, when arms are crossed, make sure they are bent at the elbows. Styling option, instead of kicking out on the counts mentioned above, try toe touches out to sides.**