

## Now I Know

Phrased, 32 Count, 2 Wall, Intermediate, NC2S  
Choreographer: Ida Wahlström & Kim Lillskog (SWE)  
July 2009

Choreographed to: Father and Son by Ronan Keating  
feat. Yusuf CD: 10 Years Of Hits

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Sequence: A A- BC A CBC A CBC AA Ending  
A-: Omit last 2 counts of Part A  
Ending: Part B + Unwind full turn right over 2 counts

8 count intro

### Part A

**Step, Step ½ turn, ½ turn, Shuffle back, Back rock, Basic nightclub left**

- 1-2& Step forward right, Step forward left, Turn ½ turn right (Weight ends on right)  
3-4&5 Turn ½ turn right stepping left back, Shuffle back stepping right, left, right (Facing 12 o'clock)  
6& Rock back on left, Recover onto right  
7-8& Step left to left side, Close right behind left, Cross left over right

**¾ turn, Step x2, Rock, ½ turn, Triple full turn, Step**

- 1 Turn ¼ turn left stepping right back  
2&3 Turn ½ turn left stepping forward on left, Step forward on right, Step forward on left (Facing 3 o'clock)  
4&5 Rock forward on right, Recover onto left, Turn ½ turn right stepping right forward (Facing 9 o'clock)  
6&7 Turn full turn right stepping left, right, left  
8 Step forward on right

**Hitch, Straighten, Cross, Slow unwind, ¼ turn, Lunge**

- 1-3 Hitch left knee, Straighten left leg out, Cross left over right  
4-6 Unwind full turn right (Weight ends on left)  
7-8 Lunge back on right, Recover onto left (Prepare for 1 ¼ turn left)

**1 ¼ turn, Cross shuffle, Sweep, Cross shuffle, Sway**

- 1-2 Turn 1 ¼ turn left on ball of left sweeping right around (Facing 6 o'clock)  
3&4& Cross right over left, Step left to left side, Cross right over left, Sweep left from back to front  
5&6 Cross left over right, Step right to right side, Cross left over right  
7-8 Sway right, left (weight on left)

*Easy option for count 1-2: Slowly sweep right from back to front*

### Part B

**Walk x2, Touch**

- 1-3 Walk forward right, left, Touch right behind left

### Part C

**Back, Cross, Back x2**

- 1-2& Step diagonally back on right, Cross left over right, Step diagonally back on right  
3-4& Step diagonally back on left, Cross right over left, Step diagonally back on left
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