

Nothing To Lose

32 count, 4 wall, beginner level

Choreographer: Larry Hayden (England) April 2007
Choreographed to: Sea Cruise by Status Quo, EP
The Way It Goes 1999

8 count intro - start on vocal

Kick ball crosses x 2, rock, recover, sailor cross

1&2 Right kick ball cross
3&4 Right kick ball cross
5,6 Rock right to right side, recover
7&8 Right sailor cross

Kick ball crosses x 2, rock, recover, sailor ¼ turn

1&2 Left kick ball cross
3&4 Left kick ball cross
5,6 Rock left to left side, recover
7&8 Left sailor with ¼ turn to left

½ pivot, shuffle, rock, coaster

1,2 Step forward on right, ½ pivot turn to left
3&4 Shuffle forward right left right
5,6 Rock forward on left, recover
7&8 Left coaster step

Chasses, rock x2

1&2 Chasse right
3,4 Rock back on left, recover
5&6 Chasses left
7,8 Rock back on right, recover

Tag (at end of wall 1)

Toe strut x 2, Rocking chair

1,2 Right toe strut forward
3,4 Left toe strut forward
5-8 Rocking chair (or 2 half pivots)

Music download available from itunes
