

Not Too Proud

64 count, 4 wall, Beginner/Intermediate level
Choreographer: Cindy Norlin (Sweden) Mar 06
Choreographed to: Ain't Too Proud To Beg by The
Temptations, Greatest Hits (120 bpm):
634-5789 by Wilson Pickett from The Best Of Wilson
Pickett; Up!" by Shania Twain from UP!

Intro:34 (Ain't Too Proud To Beg, start on "beg"), 16 (634-5789), 28 (UP!)

Right Rock, Left Cross Shuffle, Left Rock, Right Cross Shuffle

- 1-2 rock to right side on right, rock onto left in place
- 3&4 cross right over left, step left to left side, cross right over left
- 5-6 rock to left side on left, rock onto right in place
- 7&8 cross left over right, step right to right side, cross left over right

Side, Behind, Right Chasse ¼ Turn Right, Left Rock Forward, Left Lock Back

- 1-2 step right to right side, cross left behind right
- 3&4 step right to right side, close left beside right, step right to right side turning ¼ to the right
- 5-6 rock forward on left, rock back onto right
- 7&8 step back left, lock right across left, step back left

Right & Left Hip Bumps, Right Chasse, Left Cross Rock, Left Chasse

- 1-2 step right to right side, bumping hips – right, left
- 3&4 step right to right side, close left beside right, step right to right side
- 5-6 cross rock forward on left, rock back onto right
- 7&8 step left to left side, close right beside left, step left to left side

Right Cross, Left & Right Back, Left Cross, Right Rock, Behind, Side ¼ Turn Left

- 1-2 cross right over left, step back left
- 3-4 step back right, cross left over right
- 5-6 rock to right side on right, rock onto left in place
- 7-8 cross right behind left, step left to left side turning ¼ to the left

Pivot ½ Left, Right Forward Shuffle, Pivot ½ Right, Left Forward Shuffle

- 1-2 step forward right, pivot ½ turn left
- 3&4 step forward right, close left beside right, step forward right
- 5-6 step forward left, pivot ½ turn right
- 7&8 step left forward, close right beside left, step forward left

Right Rock, Left Cross Shuffle, Right ½ Turn, Right Cross Shuffle

- 1-2 rock to right side on right, rock onto left in place
- 3&4 cross right over left, step left to left side, cross right over left
- 5-6 step left to left side turning ¼ to the right, step right beside left turning ¼ to the right
- 7&8 cross left over right, step right to right side, cross left over right

Side, Behind, Right Chasse ¼ Turn Right, Left Rock Forward, Left Lock Back (same as section 2)

- 1-2 step right to right side, cross left behind right
- 3&4 step right to right side, close left beside right, step right to right side turning ¼ to the right
- 5-6 rock forward on left, rock back onto right
- 7&8 step back left, lock right across left, step back left

Right & Left Hip Bumps, Side, Left Cross, Right & Left Hip Bumps, Side, Left Cross

- 1-2 step right to right side, bumping hips (and moving weight) – right, left
 - 3&4 step right to right side (move the weight), cross left over right
 - 5-6 step right to right side, bumping hips (and moving weight) – right, left
 - 7&8 step right to right side (move the weight), cross left over right
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