

Not The Only One

48 Count, 4 Wall, Advanced

Choreographer: Maria Maag (DK) September 2013

Choreographed to: Hope by Emeli Sande

Intro: 8 counts from first beat

1 – 8 1/4 R sweep 1/4 R, cross side together, cross 1/4, 1/4 R side, weave R

8&1 1/4 turn R stepping down R (&), 1/4 turn R on R and sweep L (1) 06:00

2&3 Cross L over R (2), step R to side (&), step L next to R (3)

4&5 Cross R over L (4), 1/4 turn R stepping back L (&), 1/4 turn R stepping R to side (5) 12:00

6&7 Cross L over R (6), step R to side (&), step L diagonally back R (7) 10:30

9 – 16 Behind 1/8 Side 1/8 rock fw. R, recover L coaster step fw. L, full turn L travelling fw. step 1/2 turn L, run L run R step full spiral R

8&1 Step R back (8), turn 1/8 L stepping L to side (&), turn 1/8 L rock R fw. (1) 07:30

2&3 Recover L (2), step R next to L (&), step fw. L (prep R) (3)

4&5 1/2 turn L stepping back R (4), 1/2 turn L stepping fw. L (&),
step fw. R and make a 1/2 turn L on R (5) 01:30

6&7 Run fw. L (6), run fw. R (&), step fw. L and make a full spiral turn R (7) 01:30

17 – 24 Run R run L rock R, recover side cross rock L over R, recover, 1/2 L, 1/4 L basic R, 1/4 R back on L

8&1 Run fw. R (8), run fw. L (&), rock fw. R (1) 01:30

2&3 Recover L (2), square up to 3 o'clock stepping R to side (&), cross rock L over R (3) 03:00

4&5 Recover R (4), 1/2 turn L stepping fw. L (&), 1/4 turn L stepping R to side (5) 06:00

6&7 Close L behind R (6), cross R over L (&), 1/4 turn R stepping back L (7) 09:00

25 – 32 Back rock recover, step R fw. full spiral turn L, figure 4 step fw. with L knee bend, step R fw. full spiral turn L, rock L fw. recover R step L 1/4 L, weave sweep L

8&1 Rock R back (8), recover L (&), step fw. R and make a full spiral turn L (1) 09:00

2-3 Step fw. L bend L knee, place R foot on the inside of L knee (2), step fw. R and make a full spiral turn L

4&5 Rock fw. L (4), recover R (&), 1/4 turn L stepping L to side (5) 06:00

6&7 Cross R over L (6), step L to side (&), cross R behind L and sweep L (7)

33 – 40 Behind 1/8 R, slow step 1/2 turn R, step fw. and turn 1/2 R and sweep R, 1/2 turn R and sweep L, jazz box 1/8 L, sway L

8&1 Cross L behind R (8), turn 1/8 R step R fw. (&) 07:30

Tag : wall 3, step L fw. R and make a slow 1/2 turn R on L

2&3 continue the slow 1/2 turn R on L (2), step down R (&), 1/2 turn R stepping back L and sweep R (3) 07:30

4-5 1/2 turn R stepping fw. R and sweep L (4), cross L over R (5) 01:30

6-7 Step back R (6), square up to 12 o'clock stepping L to side and sway L (7) 12:00

41 – 48 Recover R, back rock L recover R 1/4 L and sweep R, 1/8 L and place R toe in front of L, walk R fw, step 1/2 turn R, spin 1/2 turn R, sway R sway L and drag R to L

8&a1 Recover R (8), rock back L (&), recover R (a), 1/4 turn L stepping fw. L and sweep R (1) 09:00

2-3 Turn 1/8 L and place R toe in front of L (as a touch)(2), step fw. R (3) 07:30

4-5 Step fw. L (4), 1/2 turn R stepping down R (5) 01:30

6-7-8 Step L next to R and make a 1/2 spin turn R (6), square up to 9 o'clock stepping R to side and sway R (7), sway L and drag R next to L (8) 09:00

Ending 8 counts after wall 4 (facing 12 o'clock)

Weave L and sweep, behind side cross side and touch L behind, unwind L and sweep R

1&2 Cross R over L (1), step L to side (&), cross R behind L and sweep L (2) 12:00

3&4 Cross L behind R (4), step R to side (&), cross L over R (4) 12:00

&5-6 Step R to side (&), touch L behind R (5), unwind full turn L (6) 12:00

7-8 Sweep R (7-8)... (Step fw. on R on count 1) END OF DANCE 12:00

Tag: 4 counts on wall 3, after 32& counts (facing 1:30) (turn 1/8 R and step L to side and sway L(1), sway R(2), step L to side(3), rock back R(&) recover L(4))

Then restart dance from the beginning. (facing 3:00)