

## Not That Fast

32 count, 4 wall, Beginner/Intermediate level  
Choreographer: Birgitte Kyhn Beinov (Denmark)  
Sept 2006

Choreographed to: Living In Fast Forward by Kenny Chesney, CD: The Road And The Radio  
(117 bpm)

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48 count intro, start on vocal

### Rock Step, Chasse Right, Rock Step, Triple Step ½ Turn Left.

- 1-2 Rock forward on Right, Recover on to Left.
- 3&4 Chassé to the right side RLR
- 5-6 Rock forward on Left, recover on to Right
- 7&8 ¼ turn left on Left, step Right next to Left, ¼ turn left on Left

### Syncopated Grapevine Right, & Heel , Point ¼ Turn Right

- 1-2 Step Right to right side, cross Left behind right
- &3-4 Step Right to right, cross Left over Right, step Right to right side
- 5&6 Cross Left behind Right, step Right beside Left, touch Left heel diagonally forward left
- &7-8 Step Left next to Right, Point Right to right side, ¼ turn Right closing Right beside left (weight on Right)

### Rock Step, Shuffle ½ Turn Left, Shuffle Forward, Shuffle ½ Turn Right

- 1-2 Rock forward on Left, recover on to Right
- 3&4 Left Shuffle back making ½ turn Left – Left, Right, Left
- 5&6 Right Shuffle forward Right, Left, Right
- 7&8 Left shuffle forward making ½ turn right, stepping Left, Right Left

### Back Rock Step, Kick Ball Change, Cross Unwind, Left Coaster Step

- 1-2 Rock back on Right, recover on to Left
- 3&4 Kick Right forward, step Right next to Left, step Left in place
- 5-6 Cross Right over Left, unwind ½ turn left (weight on right)
- 7&8 Step back on Left, step Right next to Left, step forward on Left

**Tag:** 4 counts at the end of wall 2 and 5.

Rocking Chair: Rock forward on Right, recover on to Left, Rock back on Right recover on to Left

End of dance, enjoy and have a happy life – fast or slow – it's up to you.

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