

Not In Control

64 Count, 4 Wall, Intermediate

Choreographer: Mike Hitchen (UK) June 2009

Choreographed to: Release Me (UK Radio Edit)

by Agnes Carlsson

Start After 64 Count Intro

Side Together Shuffle ¼ Turn Rock Step. Step Lock Step

- 1-2 Step Right To Right, Step Left Together
3&4 Step Right To Right, Step Left Together, Step Right ¼ Turn Right
5-6 Rock Forward On Left, Recover On Right
7&8 Step Left Back, Lock Right Over Left, Step Left Back

Touch Right Back ½ Turn Behind Side Cross Rock Step Behind Side Cross

- 1-2 Touch Right Toe Back, Pivot ½ turn Right Weight On Left, Sweep Right Round
3&4 Step Right Behind Left, Step Left To Side, Cross Step Right Over Left
5-6 Rock left To Side, Recover To Right
7&8 Step Left Behind Right, Step Right To Side, Cross Step Left Over Right ****R****

Walk Walk Right Shuffle Step Turn Shuffle ½ Turn

- 1-2 Walk Forward Right, Walk Forward Left
3&4 Step Right Forward, Step Left Together, Step Right Forward
5-6 Step Left Forward, Pivot ½ Turn Right
7&8 Shuffle 1/2 Turn Right -On LRL

Shuffle 1/2 Turn Left Shuffle Shuffle ½ Turn Coaster Step

- 1&2 Shuffle 1/2 Turn Right-On RLR
3&4 Shuffle Forward On LRL
5&6 Shuffle ½ Turn Left On RLR
7&8 Step Left Foot Back, Step Right Together, Step left Foot Forward

Skate Skate Right Shuffle Rock Step ¾ Triple Turn

- 1&2 Skate Right Forward, Skate Left Forward
3&4 Shuffle Forward On RLR
5-6 Rock Forward On Left, Recover On Right
7&8 ¾ Triple Turn Left On LRL

Rock Step Coaster Cross Side Rock Sailor ¼ Turn Left

- 1-2 Rock Forward On Right, Recover On Left
3&4 Step Right Back, Step Left Together, Step Right Across Left
5-6 Rock Left To Left Side, Recover On Right
7&8 Cross Step Left Behind Right, Make ¼ Turn left Stepping Right Back, Step Left Foot Forward

Skate Skate Right Shuffle Rock Step ¾ Triple Turn

- 1-2 Skate Right Forward, Skate Left Forward
3&4 Shuffle Forward On RLR
5-6 Rock Forward On Left, Recover On Right
7&8 ¾ Triple Turn Left On RLR

Rock Step Coaster Cross Side Rock Sailor ¼ Turn

- 1-2 Rock Forward On Right, Recover On Left
3&4 Step Right Back, Step Left Together, Step Right Across Left
5-6 Rock Left To Left Side, Recover On Right
7&8 Cross Step Left Behind Right, Make ¼ Turn Left Stepping Right Back, Step Left Foot Forward

2 Restarts Walls 2 & 5 After 16 Counts ****R****

Happy Dancing