

## Not Enough Sleep

48 count, 4 wall, beginner/intermediate level  
Choreographer: George Petrella (USA) Jan 2005  
Choreographed to: Not Enough Sleep by The  
Fantastic Shakers (120 bpm)

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16 Count intro

**RIGHT STEP / LOCK / STEP / HOLD / LEFT STEP / LOCK / STEP / HOLD**

1 – 4 STEP FORWARD ON RT./LOCK LT FOOT UP/STEP FORWARD ON RT./HOLD  
5 - 8 STEP FORWARD ON LT./LOCK RT FOOT UP/STEP FORWARD ON LT./HOLD

**LINDY TO RT / SHUFFLE TO LEFT / ½ LEFT PIVOT**

1&2 3-4 SHUFFLE TO THE RT (R-L-R)/ ROCK BACK ON LT / RECOVER ON RT.  
5&6 7-8 SHUFFLE TO THE LT (L-R-L)/ STEP FORWARD ON RT/ PIVOT ½ TO LEFT

**LINDY TO RIGHT / LINDY TO LEFT**

1&2 3-4 SHUFFLE TO THE RT (R-L-R)/ ROCK BACK ON LEFT RECOVER ON RT.  
5&6 7-8 SHUFFLE TO THE LT (L-R-L)/ ROCK BACK ON RIGHT RECOVER ON LT.

**RT KICK FORWARD 2X/ SHUFFLE/ LT KICK FORWARD 2X/ SHUFFLE**

1-2 3&4 KICK RIGHT FOOT TO FRONT 2X / SHUFFLE IN PLACE (R-L-R)  
5-6 7&8 KICK LEFT FOOT TO FRONT 2X / SHUFFLE IN PLACE (L-R-L)

**WALK FORWARD 3 STEPS/TURN ½ TO LT KEEPING WEIGHT ON RT/PAUSE**

**WALK FORWARD 3 STEPS/TURN ½ TO LT KEEPING WEIGHT ON LT/PAUSE**

1-2-3-4 WALK FORWARD R-L-R /TURN ½ TO LEFT BY SPINNING ON RT FOOT/HOLD  
5-6-7-8 WALK FORWARD L-R-L /TURN ½ TO LEFT BY SPINNING ON LT FOOT/HOLD

**6 COUNT WEAVE TO RIGHT / START 2 COUNTS OF LEFT WEAVE**

1-2-3-4 R TO RIGHT/LT BEHIND RT/R TO RIGHT/ LEFT IN FRONT OF RIGHT  
5-6-7-8 RT TO RIGHT/TOUCH L TOE / L TO LEFT/R BEHIND LEFT

**FINISH 4 COUNTS OF LEFT WEAVE / ¼ PIVOT LEFT / ½ PIVOT LEFT**

1-2-3-4 L TO LEFT/RT IN FRONT OF LEFT/LT TO LEFT/TOUCH R TOE  
5-6-7-8 RT FORWARD PIVOT ¼ TO LEFT/ RT FORWARD PIVOT 1/2 TO LEFT

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