

No Worries

32 count, 4 wall, intermediate level

Choreographer: Anne Hewitt (UK) Nov 2005

Choreographed to: No Worries by Simon Webbe,
Sanctuary

32 count intro when heavy beat kicks just as Simon starts to sing.

SWAY, SWAY, SAILOR STEP, ¼ SAILOR TURN, STEP TURN

- 1-2 Step R to R side sway hips to R, Step L to L side Sway hips L,
3 & 4 Step R behind L, step L to L side, Step R to R side,
5 & 6 Take ¼ Turn L stepping back on L, Step R to R side, Step L to L side,
7-8 Step Fwd on R, pivot ½ Turn L. (you are now facing 3.0 clock)

CROSS BACK BACK, CROSS BACK BACK, ROCK REC, 1/4 TURN HEEL STEP, HEEL STEP

- 1 & 2 Step R across L, Step back on L, Step R to R side. (moving back slightly)
3 & 4 Repeat above steps starting with L (moving back slightly)
5-6 Rock fwd on R, recover on to L,
7&8& Take a ¼ Turn R stepping R Heel to R side, step ball of L next to R (&) step R Heel to R side,
step ball of L next to R (&) (your are now facing 6.0 clock)

ROCK RECOVER, ½ TURN SHUFFLE FWD, ROCK RECOVER, LEFT SIDE SHUFFLE

- 1-2 Rock Fwd on R, recover on to L
3 & 4 Take sharp ½ Turn R Shuffling Fwd R,L,R
5-6 Rock Fwd on L, recover on to R,
7 & 8 Side Shuffle to L, L,R,L (you are now facing 12.00 o clock)

¼ TURN SHUFFLE, ½ TURN SHUFFLE, ¼ STEP BALL, ¼ STEP BALL, ¼ STEP BALL ¼ STEP BALL

- 1 & 2 Take a ¼ R, Shuffling Fwd R,L,R
3 & 4 Take a ½ L Shuffling Fwd L, R, L,
5 & 6 & 7 & 8 & Complete a full circle Right Turn starting ¼ R, stepping Right Fwd, Step Ball of L next
to Right Heel
Repeat three more times ending with the ball of the left stepped next to Right (&)
You are now facing the 9 o clock wall ready to start again.)

START AGAIN AND ENJOY!

Little note: whenever Simon Sings 'turn the other way' just turn your head :-) this hits on steps (last section) 1 & 2 3 & 4 when you change direction with the shuffles.

Styling options, raise both arms elbows bent on the heel step heels and the circular turn at the end.