

No Way TJ

BEGINNER

32 Count 2 Walls

Choreographed by: Cindy Truelove & Simon (Woody) Ward

Choreographed to: My Way Or No Way At All!

by T J Dennis and the Wham Bam Thank You Band

RIGHT STOMP, CLAP, LEFT ROCK FORWARD, RIGHT ROCK BACK (REPEAT ON LEFT)

- 1 - 2 Stomp right forward, clap
- 3 - 4 Rock step forward on left, rock/step back on right
- 5 - 6 Stomp left forward, clap
- 7 - 8 Rock forward on right, rock/step back on left

RIGHT ROCK BACK, LEFT FORWARD, STEP FORWARD, TURN 1/2, ROCKING KNEE POPS, CLAP

- 1 - 2 Rock back on right, rock/step forward on left
- 3 - 4 Step forward on right, turn 1/2 turn left (keeping weight on right-raising left heel)
- 5 Rock/step forward on left keeping right in place pop right knee forward
- 6 Rock/step back on right keeping left in place pop left knee forward
- 7 Rock/step forward on left keeping right in place pop right knee forward
- 8 Clap

RIGHT STEP, SCUFF, STEP, TURN 1/2, STEP BACK, TURN 1/2, STEP, SCUFF

- 1 - 2 Step forward on right, scuff left forward
- 3 - 4 Step forward on ball of left, turn 1/2 right dropping left heel (weight on left)
- 5 - 6 Step back on ball of right, turn 1/2 right dropping right heel (weight on right)
- 7 - 8 Step forward on left, scuff right forward

BOX STEP WITH 1/4 TURN RIGHT, BOX STEP, APPLEJACK

- 1 - 3 Cross/step right over left, step back on left, step right into 1/4 turn right
- 4 - 6 Cross/step left over right, step back on right, step left to side (feet parallel)
- 7 With weight on heel of left and ball of right-fan left toe to left and right heel to left raising left toes and right heel off floor
- 8 Return feet to center with weight on left

/Optional head trick for last two counts: look to left, then look forward on last count**REPEAT**